

PILGRIMAGE TO TIBET



„All great symbols, all big heroes are taken to the Himalayas as at highest altar where human spirit is coming so close to the divine.“ Nikolai Roerich, “Shambala”

Although we were not taken to the Himalayas itself, each one of us felt the divine touch.

Everything started with the dream of White Overtone Wind who „saw” me in front of Potala Palace, the highest ancient architectonic building in the world located at 3,767m the symbol of Tibet. Our kin in common, Red Rhythmic Dragon, was anticipating the connection with Pacal Votan, our perfect occult and our connection with the source of our being.

With undreamed easiness and the speed of light, Rafeeka, Blue Lunar Eagle, organized the trip for 9 women – Taiwanese, Chinese and two Yugoslavs, now Serbians. Nine, as nine Lords of Time, nine as the symbol of Moon and Healer. The trip to the bioregion of Dragon which activates the galactic memory. The trip of purification to the country where the water, as feminine element, is sacred. The trip towards roots, towards the source. The trip to the country where Buddhism dominates, which is considered the religion which managed to preserve its original form more than any other. The trip to the country where Ghogyam Trungpe Rimpoche, the Buddhist master of our beloved Valum Votan, was born.

From Xining to Lhasa our journey by train through the plateau of Tibet lasted almost 24 hours. The first scenes of nature and the date of entrance to this holy land – Red Galactic Skywalker, activated tempestuous emotions and unpleasant physical sensations because of the high altitude. The presence of Vid, from „the other side of rainbow“, (well-known and extremely important kin 73 for spreading the 13 moon Calendar on Balkans) could be felt, while tons of tears and verses were „coming down“.



Railway Xining-Lhasa

In the vortex of heavenly and earthly scenes

Curving, the train

Is ascending to sky.



Clouds playing
Sprinkled shadows
yaks meadows singing.

Galactic Skywalker
Traveling with me
Celestial rhymes sending.

My dear Vid in Sky,
Me on Earth,
Both with beauty spelled.

Traveling towards you
To the sky edge
Silence talks.



View from 4998m

Celestial towns

By clouds drawn

Parallel worlds open.

Far above the people

Gods are whispering

Deep inside me new seeds sprout.

Green grass

Pinkish red soil

Earth is talking through heart.

White yak on the field

As white cloud dropped

To feel violet flowers scent.

Silver moon threads

Penetrates my womb

Darkness shines over Lhasa.



Tashi Lhumpo monastery

Through the night train peals

New pilgrims arrive

Sun waits asleep.

Our Tibetan guide Pu Pu, White Rhythmic Dog (with long nail on Dog's finger) gave us instructions on how to resist our headache and nausea and not to take a shower. Still with the dilemma if it is about the possibility of lowering our immune system or it is about the traditional impedance towards bathing of all Tibetan people who are bathing for sure only for seven days during "Bathing festival" or Garma Ri Gi.

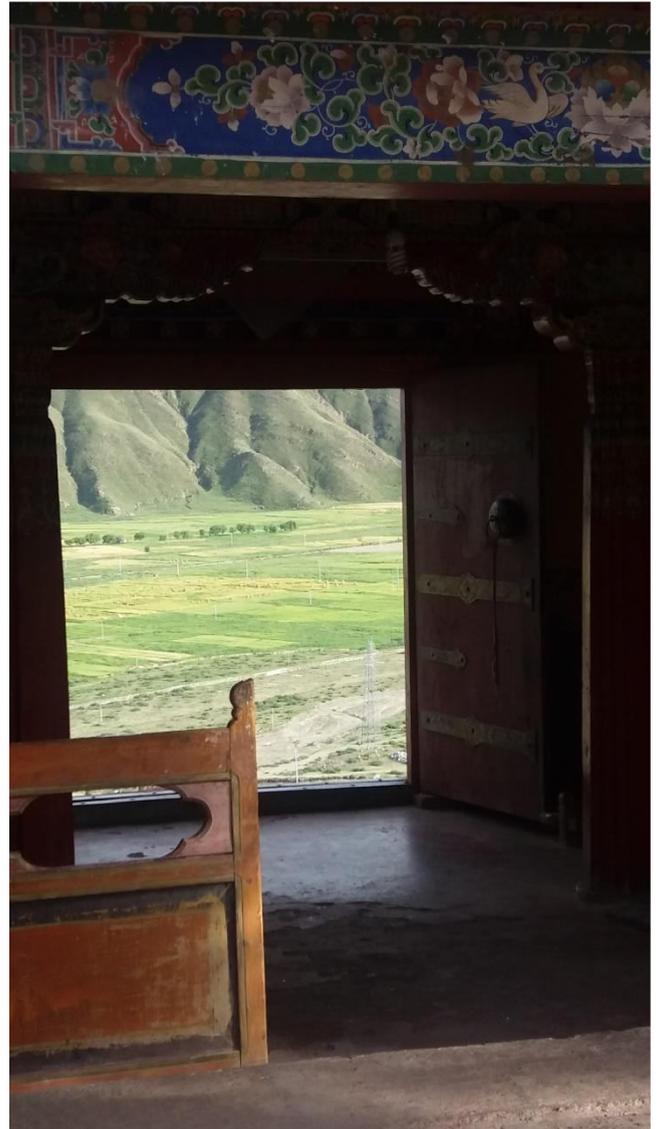
Days of good karma connected with Buddhist tradition were ahead of us. White Rhythmic Dog was amazed how opportunities were opening for us. As we were in the wavespell of World Bridger, opportunities to feel the energy of Buddhism in such a close way inside of numerous temples, were one constant same as one strange feeling that something inside of us was dying. No doubt that World Bridger was transforming us. There in between clouds, the time was flowing slower. It resulted that our steps on this holy land were more conscious.

Every day our breath stops due to astonishing nature or amazing believers' artwork in constructions.

Those who sent Dalai Lama to exile
Dead Lamas' tombs are honoring
now
Gold shines on temples roofs.



With Rafeeka and Ana in Jokhang monastery





Pekor Chode temple

Eyes of all Buddhas,
Colored by sky
And focused on Earth.

Monks prayers lift high
Remains only the vision of sky
And stairs sprinkled with gold.

The first visit was to Potala, of course, religious and political center since it was constructed by the 5th Dalai Lama on the Red Hill in 1645, until 1959 when the Chinese government invaded Tibet and the 14th Dalai Lama (kin 14 White Magnetic Wizard) left Potala taking refuge in India. Today it is only a museum which receives daily a certain amount of visitors during limited amount of time. Potala is divided in two parts: the White and the Red one. The White part consists in offices and chambers where supreme leaders of all different Buddhist branches, Dalai Lamas lived, but today it is home for only some 20 monks compared with 200 that inhabited before. The Red part is dedicated to the spiritual life – there are numerous chapels, libraries, sculptures, tombs of previous Dalai Lamas, priceless art treasure and infinite rooms closed for visitors.

The concept of „lama“, which means “superior or teacher”, does not refer to all monks, but a small number of Tibetan Buddhist monks who attained the highest spiritual development, but

not to all monks. Majority of lamas are reincarnations of previous lamas or saints. The most numerous orders are of Dalai Lamas and Panchan lamas and then come the order of Karmapa lamas. Only Dalai Lamas are both religious and political leaders.



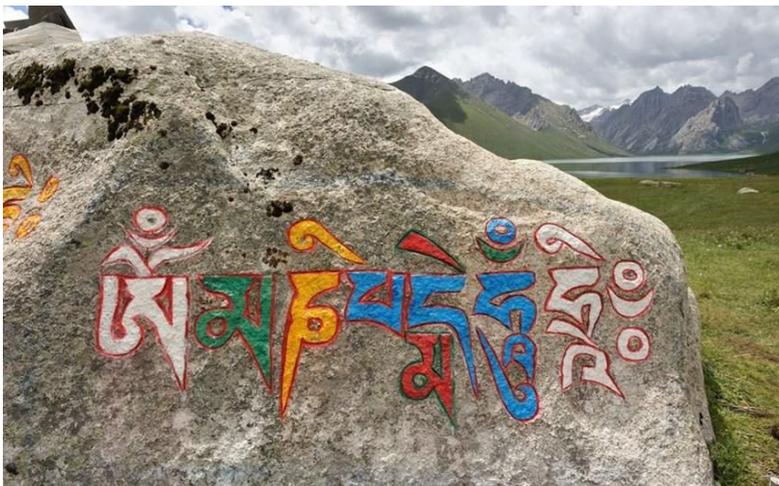
With Banner of Peace in front of Potala

Under the 13 floors of Potala as the symbol of Tibetan Buddhism and one of the most pacific religions, we wanted to send the message of peace taking one photo with the Roerich's Banner of Peace, but in that very moment appeared the guard and took it away from us. There is no peace on Tibet! Chinese conquered Tibet, populating it with their own people so there are more and more mixed marriages. Tibetans don't have passports, they don't learn their language in schools...slowly Tibetan language and culture are disappearing. It is considered that there are only 2 millions of Tibetans on Tibet and 6 out of Tibet.

Part of our good karma, which was following us during our entire trip, was the possibility to get near to one of the most sacred sculpture of Buddha, while it was being washed with golden dust in Jokhang monastery. It provoked in us real excitement and feeling of blessing. The oldest part of the monastery was built in 652 and finished in 1610. In this monastery the famous Hindu sage Atisha was teaching. As if we were listening to his thoughts: "consider all phenomena as dreams while still committed to save the world, is a real spiritual discipline".

This temple had a very turbulent history, changing its function from monastery through a stable and hotel during the time of Cultural Revolution, to be considered now one of the most sacred places. This temple is dedicated to two wives of King Songtsan Gampo (605-649), two princesses, one Nepal and one Chinese, which represents aspects of one of the most important Tibetan deity, Tara: the Green and White Tara. Tara with her 21 aspects is also known as „Mother of all Buddhas“, because it represents wisdom of reality from where all Buddhas and bodhisattvas are born. Both princesses taken to Tibet, as their dowry, two highly respected sculptures of Buddha. One is in this temple, the other one in Ramoche temple.

Our joyful bus was decorated with flags in five colors (blue representing sky, white-clouds, red-fire, green-water and yellow – earth) with words of the most widely spread prayer and mantra OM MANI PADME HUM. Our only men in the group, our guide and driver, were using their rosary beads together with mantra whenever they had an opportunity.



Mantra/prayer OM MANI PADME HUM

Dalai Lama is teaching that OM refers to the most impure level of body, mind and speech, our source of suffering, which we have to transform and purify in ever pleasant body, mind and speech. MANI is something most precious- unlimited altruism, PADMA -wisdom, HUM, combination of both, altruism and wisdom.

We have learnt that *khor* is a very important Tibetan word. It represents pilgrimage and meditative practice; making circles with rosary beads, around temples, sacred places which can be as well lakes, even mountains (the most famous pilgrimage is around the Mount Kailash). That circumambulation has miraculous power for our body and mind. We are finding it in the

practice of „Five Tibetans“ and in dervish Sufi whirling. Earth is going around the Sun; everything in cosmos is turning round and getting one with the divine.

Repeating a prayer brings an increase of wisdom and a good karma and overcoming of all negativity. Tools that help are bells, praying wheels, vajra/dorje...Monk in the monastery where is kept a 1000 years old mummy of 12 years old girl to whom Atisha dedicated the whole monastery, gave us an opportunity to cover ourselves with the monk's overall and take a bell (ghanta) and varja/dorje and teaching us the position during the prayer.



Vajra is held in left hand, representing masculine principle and refers to action, while the bell is held in the right hand representing female principle and wisdom. They are both part of a ritual which permits the disciple to reach enlightenment in within one life, receiving the “thunder bliss of indestructible clarity“.

Turning Wheel of life

Creating and destroying worlds

-Sun on the horizon.

Tibet and Palenque, 7th century. During our journey one love story, as a parallel to love story of Pakal Votan and Bolon Ik inTelektonon, was following us. It is the story/myth of Chinese princess Wencheng and already mentioned Tibetan king Songtsan Gampo. He is known as one who unified Tibet, who built the foundations of Potala and creator of Tibetan

alphabet, in cooperation with famous Padmasambhava, key figure for bringing Buddhism from India to Tibet. This was the 33rd king who came to the throne when he was 13 years old, while his mother queen was known as “the woman of white skull”.

Our stay was crowned by an incredible spectacle on an open air stage in Lhasa as a mix of opera, drama, ballet and musical about this love story. While in Chinese history princess Wencheng, who had only 16 years when she went to Tibet to be married to the king, had a role of missionary in civilizing Tibetan barbers, in Tibetan history her role is primarily religious, oriented to spreading of Buddhism. On the 24.000m² stage with the huge mountain in the background, there were 800 people, yak and sheep flocks, and horsemen in front of 4000 people in audience. We experienced all weather conditions: snow, rain, winds... and different time cycles: day, night, Sun/ Moon, seasons...



Opera Princess Wencheng



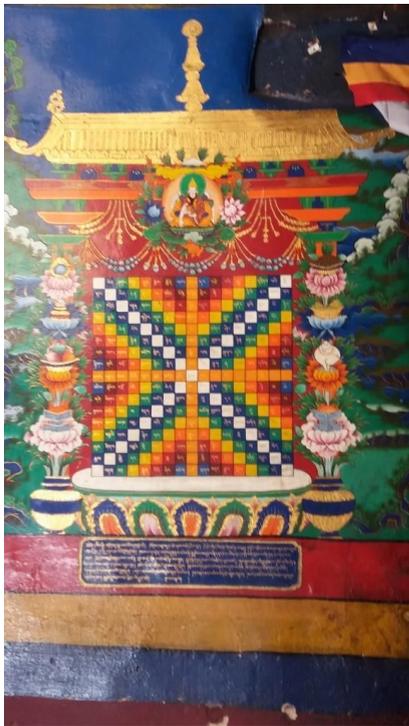
Sacred, salty Namtso lake, „Heavenly lake“, 4700m

During our journey on the Tibetan plateau we stopped to drink the purest water flowing from a 7000m glacier; to meditate on meadows, covered with tender field flowers which at the same time manages to survive such a cruel climate (Tibetan essences, if they exist, ought be very powerful!); to meet nomad tribes with yak flocks; to make our own little stone stupas; to assist lively and interesting monk debates analyzing and exploring Buddhist philosophy; to pick up stones in order to spread the energy of this holy land to other parts of the world; to eat delicious food with indispensable yak milk in village pubs (using meadows as toilets); to feel inner peace of the Tibetan people and to “conquer” different mountains ‘peaks: 4441m, 4998m and our highest peak that reached 5190m. On the most sacred lake Namtso, (Namtso is the daughter of Indra, god of thunder) just after the lecture about Nicholai Roerich and the Banner of Peace as protection of planetary biosphere, appeared a huge rainbow which provoked so much rejoice converting in real celebration of her magic.

Banner of Peace was following us on all our pilgrimage adventures and infinite prayers for opening the hearts of all people of the world.



Rafeeka hypnotising yak



One Tibetan Calendar of life cycles, 64x4, very similar to Space Matrix of Synchronotron

Matriz Espacio
Banco Psi

278	279	280	281	282	283	284	285	286	287	421	304	305	306	307	308	309	310	311	312	313
277	16	50	9	55	11	53	14	52	288	422	303	80	114	73	119	75	117	78	116	314
276	1	63	8	58	6	60	3	61	289	423	302	65	127	72	122	70	124	67	125	315
275	64	2	57	7	59	5	62	4	290	424	301	128	66	121	71	123	69	126	68	316
274	49	15	56	10	54	12	51	13	291	425	300	113	79	120	74	118	76	115	77	317
273	48	18	41	23	43	21	46	20	292	426	299	112	82	105	87	107	85	110	84	318
272	33	31	40	26	38	28	35	29	293	427	298	87	95	104	90	102	92	99	93	319
271	32	34	25	39	27	37	30	36	294	428	297	96	98	89	103	91	101	94	100	320
270	17	47	24	42	22	44	19	45	295	429	296	81	111	86	106	86	108	83	109	321
269	268	267	266	265	264	263	262	261	257	430	258	330	329	328	327	326	325	324	323	322
401	402	403	404	405	406	407	408	409	410	441	420	419	418	417	416	415	414	413	412	411
339	338	337	336	335	334	333	332	331	259	440	260	400	399	398	397	396	395	394	393	392
340	144	178	137	183	139	181	142	180	365	439	366	208	242	201	247	203	245	206	244	391
341	129	191	136	186	134	188	131	189	364	438	367	193	255	200	250	198	252	195	253	390
342	192	130	195	135	187	133	190	132	363	437	368	256	194	249	199	251	197	254	196	389
343	177	143	184	138	182	140	179	141	362	436	369	241	207	248	202	246	204	243	205	388
344	176	146	169	151	171	149	174	148	361	435	370	240	210	233	215	235	213	238	212	387
345	161	156	168	154	166	156	163	157	360	434	371	225	223	232	218	230	220	127	221	386
346	160	162	153	167	155	165	158	164	359	433	372	224	226	217	231	219	228	222	228	385
347	145	175	152	170	150	172	147	173	358	432	373	209	239	216	234	214	236	211	237	384
348	349	350	351	352	353	354	355	356	357	431	374	375	376	377	378	379	380	381	382	383



Monks' debate and little stupa

„Highest teachings, most inspired poems and highest colors and sounds are created on mountains“. N. Roerich

One of our spiritual guides on this journey was N. Roerich. It was a unique experience to share hours of the whole day traveling (which was never more than 300km) and reading the copy of his book „Shamballa“ divided in two halves. Ana, White Planetary Wind and me were literally „eating“ his words, underlining sentences, reading one to another, being almost ecstatic with such a profound understanding of his thoughts and synchronicities. We were almost feeling his physical presence, overlapping moments of our trip with the one he made through Tibet almost 200years ago. Real zuvuya experience!

Nine women, nine planetary kins, receiving the Sun and sending it off at the highest and most sacred lakes. We were connected all the time with water and Moon, nine as Red Moon, being all of us together, Yellow Magnetic Human (hidden strength of the next Cosmic Moon year). We arrived to the hot springs with a name Shambhala, where Padmasambhava was once bathing too. What a purification!



Shambala hot springs in which Padmasambhava was bathing

Immersed in joy of sacredness
We sink into the hot springs of
Padmasambhava's meditations.

Dragon Lake, sacred lake,
With hidden power
Fills all kin on Sun's day.

Spiritualized every grass blade,
Drop of water, cloud
Stone prayers shore.



Sacred Dragon Lake

In between Tibetan prayer flags

Now Banner of Peace

Sending message to the clouds.



Tracing paths of Roerich
Under Tibetan sky
Banner of Peace vibrates message of unity.





Rafeeka is writing down to whom those prayers are directed: to Earth, Red Queen and all planetary kins around the world. These flags are now high up by the lake.

During the trip we were daily synchronized with the 13 Moon calendar. Ana was guiding us through practices of medicine Chi Gong, which were harmonizing and activating us. Some exercises were specially connecting us with the energy of the full moon; all were inspired by the story of the Banner of Peace and the life of N. Roerich, Rafeeka was sending daily reports with most beautiful pictures to numerous Chinese and Taiwanese kins. All nine of us have received initiations of Munay Ki with which the energetic circle Himalayas-Andes-Himalayas was closed. It is considered that those initiations or “seeds” of Laika/shamans who live in South American’s Andes are transforming us from “homo sapiens to homo luminous” and that this practice came a long time ago from this territory. Our common kin, Yellow Human is coding the biggest part of South America’s bioregion.

On the day of Blue Magnetic Storm, noospheric constant, we connected with the psi bank unit Blue Magnetic Monkey and Vaum Votan’s „dream to have a group of lamas, sheiks and Christians unite on behalf of planetary spiritual unification to exemplify to the world a spirituality that transcends the limitation of history“.

„Evolution is ending at the point where the possibility to comprehend boundless infinity is not admitted.“ N. Roerich

Four years earlier, on the day of Yellow Galactic Seed (26.07. 2013) three of us, Rafeeka, Ana and myself, all together Yellow Cosmic Warrior, were at the ceremony of the New Galactic Beam at Mt. Shasta, considered root chakra of the Earth. Now, synchronic order took us to crown chakra – Tibet.

„What is the treasure of a heart? Benevolence, compassion, loyalty to spiritual Hierarchy and harmony with cosmic consciousness.“ N. Roerich

Gratitude to Hunab Ku, Valum Votan and Red Queen, Rafeeka and White Overtone Wind, every member of our feminine crew, our Tibetan male protectors (our guide and driver), all friends for their valuable advices for this unique trip and synchronic order.



Let's all hearts open to receive cosmic love!

Katarina, Blue Magnetic Storm



“May all beings be peaceful.

May all beings be happy.

May all beings be safe.

***May all beings awaken to
the light of their true nature.***

May all beings be free.”

- Metta Prayer