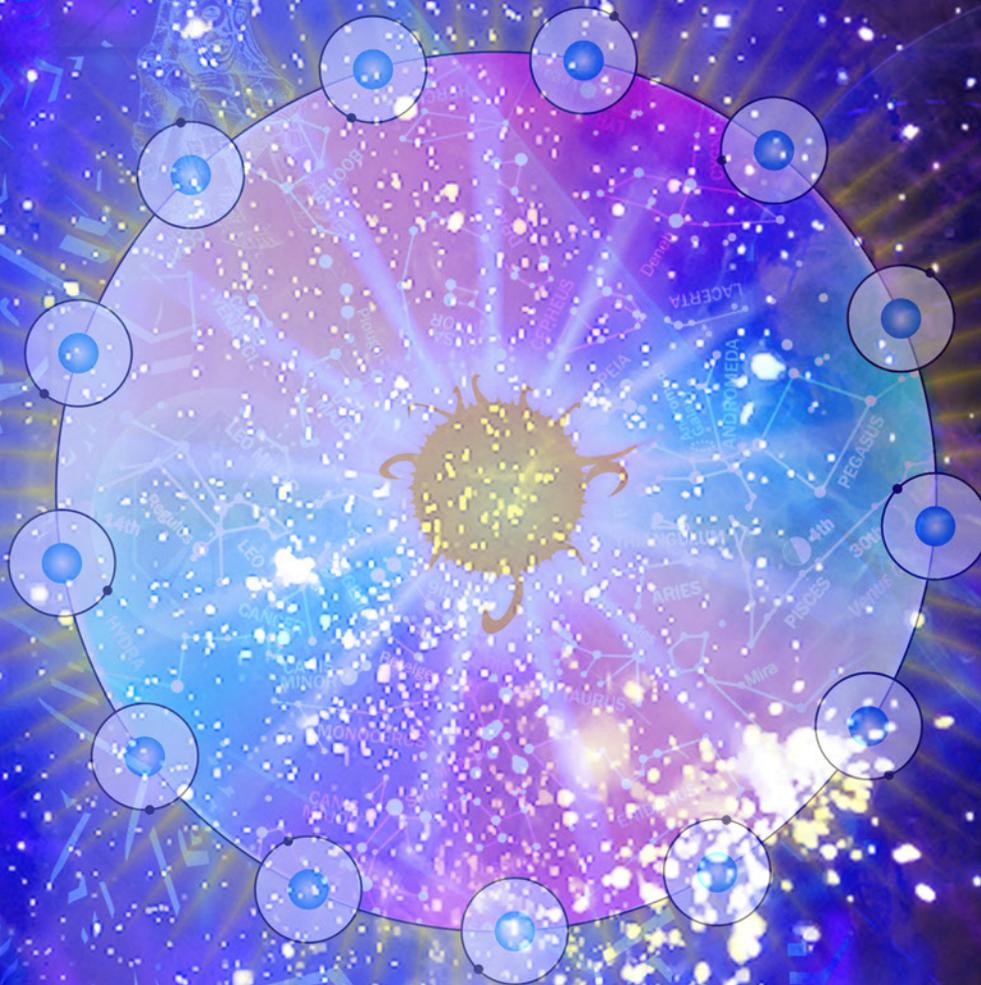


INTRODUCTION TO GALACTIC CONSCIOUSNESS A 28-DAY PROGRAM



FOUNDATION FOR THE LAW OF TIME

INTRODUCTION TO GALACTIC CONSCIOUSNESS A 28-DAY PROGRAM

We are a fractal microcosm of a Vast Cosmic Plan. Our human body is a reflection of the holographic nature of the galaxy. Throughout history the galactic quality of our consciousness has been dormant.

Now is the time for IT to AWAKEN!

Galactic refers to galaxy. The universe consists of numberless galaxies. The Maya describe the galaxy and its center as “Hunab Ku”, one Giver of Movement and Measure. In this 28-day program we commit to further awakening the awareness of our own galactic center by immersing our minds in a new way of thinking in resonance with the Hunab Ku.

Just like the galaxy, our body is equipped with the regenerative capacity to transmute energy and ultimately heal itself and heal the planet. To reach galactic consciousness requires total healing of every facet of our existence, from our physical body to the planetary body and beyond.

Everything comes from Mind. This world is a mind matrix. All the thoughts, ideas, plans and decisions of how to live our lives are in our mind. Most of these thought forms we now have are embedded in an unconscious artificial matrix. Galactic consciousness lifts our mind above our daily dramas and exclusive earthly affairs to remember our role in the greater cosmic Plan.

The codes contained in the synchronic order are frequency codes to help lift us out of rote thinking and perception. Frequency refers to the vibrational rate of consciousness. Everything is vibrating, from the bed you sleep in to the stars. When we talk about Higher dimensions, we are talking about dimensions that are vibrating faster at higher frequencies.

These codes are also memory keys. But they only unlock if we are working on ourselves at core levels. This means that we are continuously examining our core belief system to determine if it supports our highest blueprint. It is our beliefs, shaped by common memory patterns that creates our perception of the world. The keys contained in the synchronic order vibrate us into a new resonant field of memory.

From here we can create new models of understanding and context for what is happening to us and the Earth. If we have a road map, then we have a framework that makes it easier to understand the process that we are going through. The first step is to discover our mission. Why are we here?

Mission Consciousness and Synchronicity

Do you know what your purpose in this life is?

To embody our life purpose – or mission – is to create a perfect match between integrity, intention and skill. Integrity is our natural, pure condition of being that rests in itself without giving its power away to external forces.

Intention is our commitment to the highest level or order of behavior that we can imagine. When we operate in mission consciousness, we are operating by **signs** that occur to us. These signs are **synchronicities** in our lives that give us the information to act in a way that brings us into harmony with our life mission.

The vision for what we are to become is already within us, awaiting the proper discipline through which it might be appropriately expressed.
–Jose Arguelles, *Transformative Vision*

To be “on mission” is to choose to go in the direction of increased consciousness rather than confusion. It is to follow the signs given and choose the path of synchronic awareness. Everything is included on the path of the synchronic order.

Synchronicity is the norm of the universe. As we will learn it is disharmonious calendars and mechanical clocks that have been the main tools used to disconnect humanity from our synchronic flow. All of nature is still in communion with the rhythms of time.

To ground our intention and mission on Earth, we have the tools of the synchronic order, which is also being directed to the needs of our planet at this time.

The key components of the synchronic order are the **20 solar seals** and **13 galactic tones of the Tzolkin**. These serve as (destinal) guides and markers that monitor and eventually amplify the synchronicities in our lives. When we recognize the flow of synchronicities then we can begin to see a divine pattern emerge. The connections between synchronicities become increasingly apparent, and the signs intensify.

For example: Three eagles circling our head reminds us of the electric vision that bonds all minds (Blue Eagle is coded by *vision*, while the number three is the *electric* code). The street address 288 becomes a sign for the polar harmonic of light. Solar flares tunes us to the consciousness of light that is expanding. The song on the radio contains a hidden message. We begin to see patterns in our own lives and in world events. Our telepathy increases. Somehow we just “know” things. Nature takes on a new color as we begin to perceive the mathematics and sacred geometry behind every leaf and flower. Life takes on new meaning. Nothing is mundane. All is precise. All is mathematical. All is elegant. Everything is coded and part of a larger cosmic plan.

Start Where You Are...

It does not matter your level of experience, this program is designed for anyone to enter.

For 28 days we will track the daily cycles and offer exercises and meditations to help you begin to learn, understand and integrate this galactic time knowledge into your bodies and day to day life. You may also at this time wish to do some sort of physical cleansing or merely begin eating more electrical foods, namely fruits and vegetables. Since this path is holistic, it takes into account every facet of our being. These are the beginning steps of learning the language of the New Time.

You will need:

- A Journal, pen/pencil and colored pencils or crayons, markers, etc.
- A *Star Traveler's 13 Moon Almanac of Synchronicity* and/or a 13 Moon Galactic Time Calendar.
- An Intention and open mind.

It is recommended to begin on “Dali 1” of any Moon of the 13 Moon calendar. Each week of the Moon has 7 teachings, one per day. Create an intention. Mentally prepare to discipline yourself in these 28 days while opening your heart to the creative adventure about to unfold. It is asked that you schedule a minimum of 33 minutes per day. It is better to start slower and be faithful to your practice every day than to become overeager and plan too much so that you stop. Consistency is the key to change. Transformation is a subtle process.

Daily Assignments

1. 13 minutes of natural mind meditation for peace. The world is a busy place, full of distractions and all kinds of sufferings. We offer that 13 minutes (minimum) of stillness will help stabilize harmonious vibrations for ourselves, all beings and the planet. Simply sit and breathe. Rest the mind in its natural state. Dissolve thoughts with the out breath. Just simple and clear. No visualizations in this one. Just calmness; tranquility.
2. Read the daily affirmation 3 times. You can find this in the *Star Traveler's 13 Moon Almanac of Synchronicity*, or *The Galactic Calendar* by SkyTime, or other 13 Moon synchronometers or online at www.lawoftime.org. Meditate on this affirmation. Feel into the energy it unlocks rather than trying to understand it conceptually. It works on multiple levels of consciousness.
3. Read the daily lesson and do the exercise if there is one. Make note of any questions that you may have, as they may be answered later, in the course of your following the 28-day program.
4. Keep a journal. Maybe get a special journal for this 28-day period. Write any insights or synchronicities that you may experience, even if they seem small. The more you pay attention to them, the more they will begin to manifest. The practices also serve to increase your continuing consciousness and help elevate your mind from conceptual thinking.



HEPTAD 1

INITIATE KNOWLEDGE

Signs and symbols rule the world, not rules and law. —Confucius

All of reality is a language of signs and symbols.

A symbol is a sign that when engaged, opens us to perceptions that were previously hidden. Even the human body is a symbol and through its senses are constructed ideas and perceptions about reality. Just as the body is symbolic, so are all of our experiences.

Everything just “is” until we endow it with meaning. The meaning we ascribe to a person, place, thing or experience is in accordance with our conditioning, perceptual structure and spiritual disposition.

Each person lives according to his/her own code system whether they are aware of it or not. The codes of the synchronic order help equip us with a powerful new lens to perceive reality, but it is YOU who provide the actual meaning. For every person according to their unique life patterning and mission they will derive a different meaning.

The higher dimensional synchronic order organizes the third dimensional world of appearances. So by learning how to read these codes, we make connections and glean insights that we may not have realized before.

Note that this entire year (26 July 2015 - 25 July 2016) is coded by the [White Planetary Wizard](#). It is a year of manifestation and also a year that produces receptivity.

The best way we can give back to another person and/or the planet is through cultivating ever-deepening states of receptivity. This means that we are able to hear the resonances and vibrations coming to us from another so that we know the highest way to respond.

This year begins with a tone of manifestation (tone 10 – planetary) and also corresponds to the planet Maldek (the Asteroid Belt). The analog partner of the year is the Serpent. The key to this system lies in this destroyed planet. How?

Maldek is coded by Life-Force (Serpent) and Timelessness (Wizard). When life-force is suppressed or displaced a distortion occurs. We have been living in a time distortion. How we frame our time creates a lens through which we perceive the world. If the frame of time is irregular so is our mind.

The linear understanding of time is as if it were in a line, but this does not take into account the actual lived experience of time, the nature of the human experience of time, of time’s radial nature.

All the wars that humanity has fought and continues to fight are a past hologram projected into our present moment. We must remember the future of the new time through the present moment. In the new time there is no war. Peace prevails and imagination reigns.

Note that there are four weeks of seven days per 28 day moon. Each of the four weeks corresponds to a color and quality.

Week 1: Red. Initiate

Week 2: White. Refine

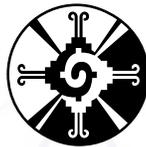
Week 3: Blue. Transform

Week 4: Yellow. Ripen

								
1	2	3	4	5	6	7	RED WEEK 1 East knowledge initiates view	
8	9	10	11	12	13	14	WHITE WEEK 2 North humility refines meditation	
15	16	17	18	19	20	21	BLUE WEEK 3 West patience transforms conduct	
22	23	24	25	26	27	28	YELLOW WEEK 4 South power ripens fruit	

This pattern is the same each moon.

Galactic time is to contemporary humans what the heliocentric view of the solar system was to medieval humans. —Valum Votan



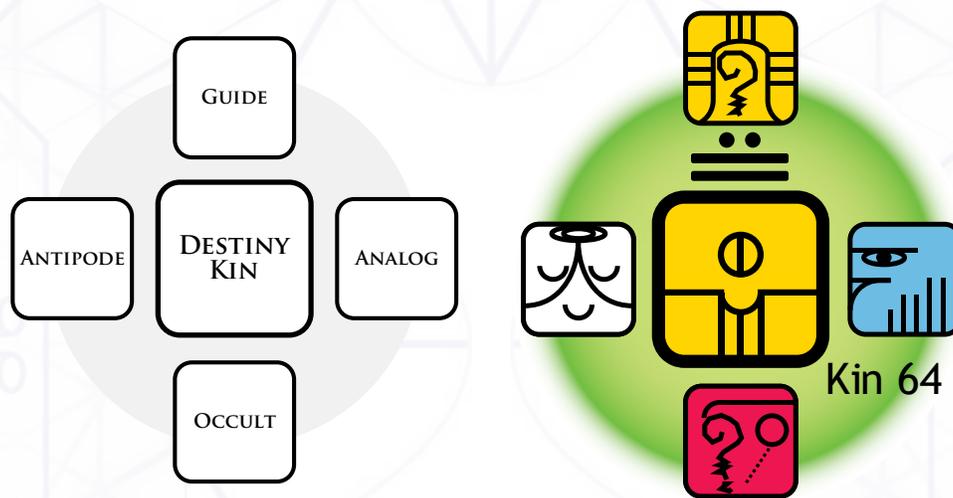
LESSON 1

Galactic Signature and 20 Solar Seals

First step: Know your own galactic signature. If you do not know it yet you can decode it from your 13 moon calendar or find it at: www.lawoftime.org/decode. Your galactic signature is a gateway or portal to discover different aspects of your being. By learning our galactic signature, we start thinking *archetypally* of our role within the collective, rather than individually of the personal.

Each galactic signature is a multilayered code meant to be meditated upon. Note that your signature also corresponds to a 'kin' number, an Earth Family, a chakra and a planet (which we will learn about over the next 28 days).

Each signature contains a five-part oracle that includes a guide, a helping partner (analog), a challenge partner (antipode) and a hidden power (occult). Meditate on your galactic signature.



Fifth Force Oracle Key, and Oracle for Kin 64, Yellow Crystal Seed (The oracle for the 2017-2018 year).

We read the yearly oracle as follows:

The Seed (flowering) is supported by the Eagle (vision); challenged/strengthened by the Wizard (timelessness) and receives hidden power from the Earth (navigation). To learn more, see the *Star Traveler's 13 Moon Almanac of Synchronicity*.

The first step to learning this system is to memorize the 20 solar seals. Color in the graphic on the next page according to the solar seal colors.

COLOR THE 20 SOLAR SEALS



RED

1. DRAGON



5. SERPENT



9. MOON



13. SKY-
WALKER

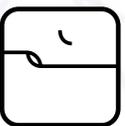


17. EARTH



WHITE

2. WIND



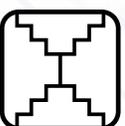
6. WORLD-
BRIDGER



10. DOG



14. WIZARD



18. MIRROR



BLUE

3. NIGHT



7. HAND



11. MONKEY



15. EAGLE

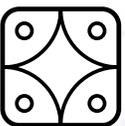


19. STORM



YELLOW

4. SEED



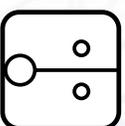
8. STAR



12. HUMAN



16. WARRIOR



20. SUN

LESSON 2

Qualities of Solar Seals

Meditate on the power, action and essence of each of the 20 solar seals.

SEAL & NUMBER	COLOR & NAME	POWER	ACTION	ESSENCE
1 	Red Dragon	Birth	Nurtures	Being
2 	White Wind	Spirit	Communicates	Breath
3 	Blue Night	Abundance	Dreams	Intuition
4 	Yellow Seed	Flowering	Targets	Awareness
5 	Red Serpent	Life Force	Survives	Instinct
6 	White Worldbringer	Death	Equalizes	Opportunity
7 	Blue Hand	Accomplishment	Knows	Healing
8 	Yellow Star	Elegance	Beautifies	Art
9 	Red Moon	Universal Water	Purifies	Flow
10 	White Dog	Heart	Loves	Loyalty
11 	Blue Monkey	Magic	Plays	Illusion
12 	Yellow Human	Free Will	Influences	Wisdom
13 	Red Skywalker	Space	Explores	Wakefulness
14 	White Wizard	Timelessness	Enchants	Receptivity
15 	Blue Eagle	Vision	Creates	Mind
16 	Yellow Warrior	Intelligence	Questions	Fearlessness
17 	Red Earth	Navigation	Evolves	Synchronicity
18 	White Mirror	Endlessness	Reflects	Order
19 	Blue Storm	Self-Generation	Catalyzes	Energy
20 or 0 	Yellow Sun	Universal Fire	Enlightens	Life

Note: *Dot-bar notation* (or *galactic notation*) for the numbers 1-19 (and 0) are shown to the right of every solar seal.

In dot-bar notation, a dot • is 1 and a bar — is 5. So, for example, the dot-bar/galactic notation for 14 is .

The symbol for zero is .

The mathematics of the Law of Time are *vigesimal* (20-based) as opposed to decimal (10-based). Learn more at lawoftime.org/vigesimal

LESSON 3

Tzolkin

Now that we have learned the basics of the 20 solar seals, we can see how they fit into the 260-day Tzolkin cycle. The Tzolkin possesses its own unique vibration and is a bridge to the higher dimensions of consciousness and being.

It contains the vibrational signature of the fifth force, an interdimensional force that holds the different dimensions of reality together. It is the fifth force because it is beyond the four forces of physics: electromagnetic, gravitational, weak and strong. All of life in the galaxy is synchronized according to the fractal ratios of the *galactic fifth force* (“g-force”). Engaging the daily codes brings us into resonance with this galactic interdimensional force.

	•	••	•••	••••	•••••	••••••	•••••••	••••••••	•••••••••	••••••••••	•••••••••••	••••••••••••	•••••••••••••
	1	21	41	61	81	101	121	141	161	181	201	221	241
	2	22	42	62	82	102	122	142	162	182	202	222	242
	3	23	43	63	83	103	123	143	163	183	203	223	243
	4	24	44	64	84	104	124	144	164	184	204	224	244
	5	25	45	65	85	105	125	145	165	185	205	225	245
	6	26	46	66	86	106	126	146	166	186	206	226	246
	7	27	47	67	87	107	127	147	167	187	207	227	247
	8	28	48	68	88	108	128	148	168	188	208	228	248
	9	29	49	69	89	109	129	149	169	189	209	229	249
	10	30	50	70	90	110	130	150	170	190	210	230	250
	11	31	51	71	91	111	131	151	171	191	211	231	251
	12	32	52	72	92	112	132	152	172	192	212	232	252
	13	33	53	73	93	113	133	153	173	193	213	233	253
	14	34	54	74	94	114	134	154	174	194	214	234	254
	15	35	55	75	95	115	135	155	175	195	215	235	255
	16	36	56	76	96	116	136	156	176	196	216	236	256
	17	37	57	77	97	117	137	157	177	197	217	237	257
	18	38	58	78	98	118	138	158	178	198	218	238	258
	19	39	59	79	99	119	139	159	179	199	219	239	259
	20	40	60	80	100	120	140	160	180	200	220	240	260

The 260 kin (day) cycle correlated with the 365-day cycle of the 13 Moon calendar creates a cycle of 18,980 days or 52 years during which no two days repeat. This is called the Solar-Galactic Cycle.

Study the Tzolkin. Note it has 20 vertical seals and 13 horizontal tones. It is a significant tool to track fractal time. Locate today’s kin on the Tzolkin matrix, then locate your galactic kin number on the Tzolkin matrix.

Note: The shortest cycles are the 4-day cycles of which there are 65. $4 \times 65 = 260$. The largest cycles are 65-day cycles of which there are four.

The 4-day cycle is called a *harmonic* and always begins on a red day and concludes on yellow. The 65-day cycle is known as a *galactic season*. See Lesson 20 for more information on the *galactic seasons*.

LESSON 4

13 Moon Calendar

The 260-day Tzolkin fits perfectly with and runs alongside our current 365-day solar calendar. The two cycles combined (260-day and 365-day) create the 13 Moon calendar or synchronometer (See page 16 of the *Star Traveler's 13 Moon Almanac of Synchronicity*).

The 13 Moon/28-day system embraces and synchronizes all true calendrical and mathematical systems, from the Mayan long count, to the Elder Futhark runes to the I Ching hexagrams. In other words this system reveals a master matrix, which contains and unifies all other systems.

By attuning to the 13:28 matrix, our mind begins to reorganize and open to new perceptions.

Every 52 years, the 260-day Tzolkin count and the Earth's 365-day solar year sync back up. For example, if you are a White Planetary Mirror, and you were born on 4/6/1970, then exactly 52 years later on 4/6/2022, it will be White Planetary Mirror again. A calendar is a template of time.

The calendar we typically follow (called "The Gregorian Calendar") has created a time warp or distortion matrix. Of the many calendars used by humans, this 13 Moon, natural time synchronometer is the only calendar that takes into account the unity of planetary and galactic time.

This calendar is actually a *synchronometer* (measure of synchronicity). It is a unique timing device coded by a galactic language that enters us into mythical and archetypal realms of thought. As we tune in to its cycles, we extend our consciousness beyond any notion of the third dimension as being the only reality.

GREGORIAN CALENDAR YEAR EXAMPLE

JANUARY							FEBRUARY							MARCH						
1	2	3	4	5	6	7	5	6	7	8	9	10	11	1	2	3				
8	9	10	11	12	13	14	12	13	14	15	16	17	18	4	5	6	7	8	9	10
15	16	17	18	19	20	21	19	20	21	22	23	24	25	11	12	13	14	15	16	17
22	23	24	25	26	27	28	26	27	28	29	18	19	20	21	22	23	24			
29	30	31					25	26	27	28	29	30	31							

APRIL							MAY							JUNE						
1	2	3	4	5	6	7	1	2	3	4	5	1	2							
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
29	30	27	28	29	30	31	24	25	26	27	28	29	30							

JULY							AUGUST							SEPTEMBER								
1	2	3	4	5	6	7	1	2	3	4		1										
8	9	10	11	12	13	14	5	6	7	8	9	10	11	2	3	4	5	6	7	8		
15	16	17	18	19	20	21	12	13	14	15	16	17	18	9	10	11	12	13	14	15		
22	23	24	25	26	27	28	19	20	21	22	23	24	25	16	17	18	19	20	21	22		
29	30	31	26	27	28	29	30	31	23	24	25	26	27	28	29							

OCTOBER							NOVEMBER							DECEMBER						
7	8	9	10	11	12	13	1	2	3	1	2	3								
14	15	16	17	18	19	20	4	5	6	7	8	9	10	2	3	4	5	6	7	8
21	22	23	24	25	26	27	11	12	13	14	15	16	17	9	10	11	12	13	14	15
28	29	30	31	18	19	20	21	22	23	24	16	17	18	19	20	21	22			
				25	26	27	28	29	30	23	24	25	26	27	28	29				
										30	31									

PERPETUAL 13-MOON CALENDAR (SYNCHRONOMETER)

MONTH 1	MONTH 2	MONTH 3
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
MONTH 4	MONTH 5	MONTH 6
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
MONTH 7	MONTH 8	MONTH 9
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
MONTH 10	MONTH 11	MONTH 12
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
MONTH 13	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> -1 "DAY OUT OF TIME" 7/25 CELEBRATION OF PEACE THROUGH CULTURE OBSERVED GLOBALLY. </div>	

13 MONTHS/MOONS
OF 28 DAYS EACH
-1 "DAY OUT OF TIME"
=365 DAYS WHICH
MAKES AN ACTUAL
SOLAR/LUNAR CALENDAR.

TWELVE IRREGULAR MONTHS

THIRTEEN PERFECT MOONS

LESSON 5

The Julian/Gregorian Calendar

Here are some questions to contemplate regarding our current dominant calendar system:

What does it mean to follow calendars called the Julian and Gregorian?

What is the history of the Gregorian calendar we use?

What 10 days were lost forever in 1582 and why?

What happened at the council of Nicea? What does a calendar represent?

Why was the Julian/Gregorian calendar imposed as an instrument of power and symbol of dominance to the indigenous people?

Study the meaning of the names of months and days of week. Note that half are associated with pagan goddesses/gods and other refer to numbers but are illogically placed.

January—Refers to Janus, Roman god of gates and doorways, depicted by two faces looking in opposite directions.

February—Februalia, sacrifice, purification, atonement.

Mars—Roman god of war. He is identified with the Greek god Ares. Mars' month. March was the original beginning of the year.

April—Aperir (Latin word) "to open". Associated with goddess Aphrodite.

May—Maia's month, goddess of spring, daughter of Atlas.

June—goddess Juno's month, wife and sister of Jupiter. She is identified with the Greek goddess Hera.

July—Julius Caesar's month. Julius Caesar reformed the Roman calendar (hence the Julian calendar) in 46 BC. In the process, he renamed this month after himself. The month originally had the Roman name of Quintilis (meaning five).

August—Augustus Caesar's month. Augustus Caesar further enhanced calendar reform of Julius Caesar. He named a month after himself and borrowed a day from February so his month would be equal to Julius'. The month was formerly known as Sextilis (meaning six).

September—From latin word *septem*, which means "seven", but is the ninth month.

October—From latin word *octo*, which means "eight", but is the tenth month.

November—From latin word *novem*, which means "nine", but is eleventh month.

December—From latin word *decem*, which means "ten", but is the twelfth month.

LESSON 7

The Law of Time

The Law of Time was discovered December 10, 1989, Kin 121 by Jose Arguelles/Valum Votan.

Contemplate this excerpt from A Treatise on Time (1996), by Jose Arguelles/Valum Votan:

“Just as air is the atmosphere of the body, so time is the atmosphere of the mind. If the time in which we live consists of uneven months and days regulated by mechanized minutes and hours, that is what becomes of our mind: a mechanized irregularity. Since everything follows from the mind, it is no wonder that the atmosphere in which we live daily becomes more polluted, and the greatest complaint is: “I just don’t have enough time!” Who owns your time, owns your mind. Own your own time and you will know your own mind.”

What is the Law of Time?

The Law of Time has always existed just like the law of gravity. It is a science that demonstrates the laws of nature known as the synchronic order. It distinguishes between two timing frequencies: 12:60 artificial/mechanical and 13:20 natural time. The Law of Time is also the function of the Mayan prophecies of Pacal Votan, Quetzalcoatl, and the Chilam Balam. It is the new dispensation of time, from which comes an entirely new system of galactic time knowledge. This new dispensation opens us to a universal knowledge base that unifies all other systems knowledge, cultural traditions and calendars.

Contemplate these key precepts of the Law of Time:

Time is of the mind.

Time is the evolution of consciousness.

Time is the universal factor of synchronization.

Meditation:

Lift yourself above the Earth and visualize the technosphere, inclusive of all of its various kinds of machines and engineering processes for facilitating machines, including automobiles, cell phones, computers, trucks, bombs, freeways, appliances, skyscrapers, etc. See how many you can think of. Write a list in your journal. Now contemplate all the ways that humans are dependent on the machine world. How many millions of people drive cars, use computers, watch television and wear a watch, etc. Think of every hour of the day of which machines are being employed.

Contemplate what kind of an effect this has on consciousness. Write your reflections in your journal. Now imagine that our DNA is turned on to full capacity and these devices are replaced by telepathy, teleportation and time travel. How would that feel? What do you prefer?

HEPTAD 2

REFINE KNOWLEDGE

LESSON 8

Earth Family and Planet Holon

Each galactic signature belongs to one of five Earth Families. Each of the Earth Families code a region of the *planet holon* and a chakra. The five Earth Families are:

- Polar (Crown chakra, North Polar region),**
- Cardinal (Throat chakra, North Temperate region),**
- Core (Heart chakra, Equatorial region),**
- Signal (Solar Plexus chakra, South Temperate region) and**
- Gateway (Root chakra, South Polar region).**

What is your Earth Family?

A holon is the holographic soul element of any given form, from humans to planets to galaxies. Every human is born with a third-dimensional body and a fourth-dimensional holon. This is the place of your thoughts and dreams, the invisible part of you.

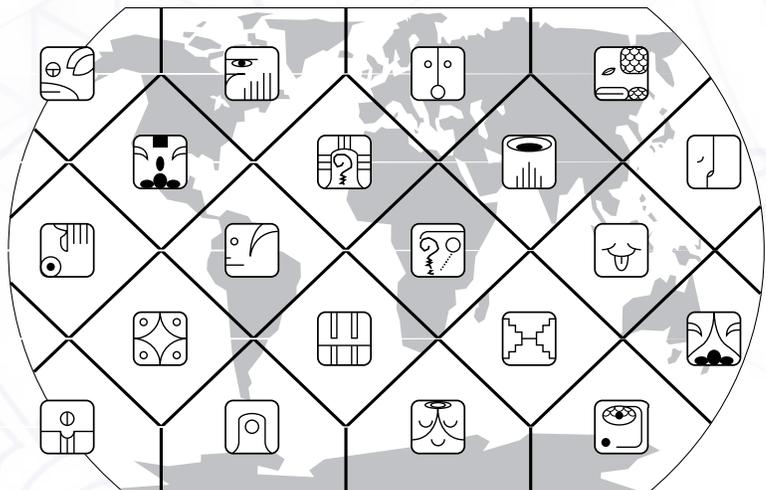
At present, most humans are not aware of their holons and as a result have no accurate way to connect with them. (You might also see the *Book of Kin*, a set of 260 commands for self-synchronizing the human holon with the planetary, solar and galactic holons.)

To begin to work with your holon, first find your Earth Family and color the graphic below. Each Earth Family corresponds to one of the five principle chakras. It is through our holon plugged into the designated chakra that we connect our 3D body with the planet's body; this is called connecting our human holon with the planet holon. In turn the planet holon synchronizes with the solar holon of its local star, the Sun.

Remember: Earth is a coded timeship traveling in space.

COLOR THE PLANET HOLON

- | | |
|----------|-----------------------|
| POLAR | Sound the Chromatics |
| CARDINAL | Establish the Genesis |
| CORE | Mine the Tunnels |
| SIGNAL | Unravel the Mystery |
| GATEWAY | Open the Portals |



LESSON 9

Decode your Family and Friends

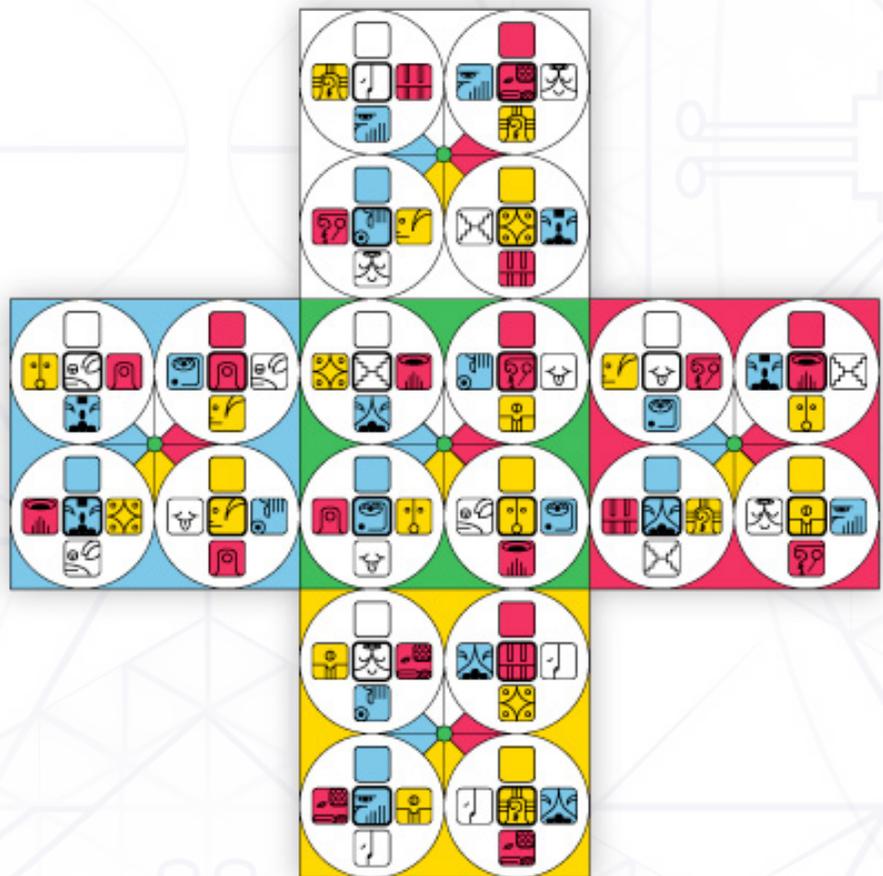
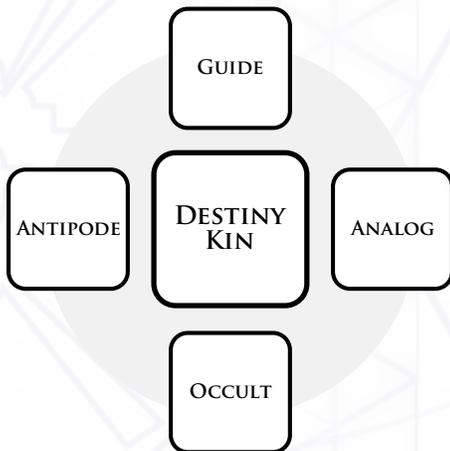
Today, make a list of significant dates and people in your life and decode their galactic signatures. Study the relationships.

Study the fifth force oracle for each galactic signature. (See p. 270-271 of your Almanac). For example, if today is Red Crystal Moon, the guide is Dragon (birth), the analog is Dog (love), the antipode is Storm (self-generation) and the occult power is Human (wisdom/free will).

You might keep a special journal to document the synchronic connections.

Below is the Oracle Key, and “Oracle Board”. The Oracle Board shows you the basic Oracle Pattern for each of the 20 Solar Seals. The guide for any kin can be found in the *Star Traveler’s 13 Moon Almanac of Synchronicity*, or by using the Guide Chart on the Free 13 Moon Calendar found at Lawoftime.org.

Using the Oracle Key and Oracle Board you can construct the Oracle for the significant dates and people in your life. Begin to notice patterns and connections. Have fun!



Note that the 20 Solar Seals as shown in the Oracle Board combine to create a larger “fifth force” pattern. These fractal patterns reveal the movement of space in time.

LESSON 10

The 7 Radial Plasmas

The 7 radial plasmas correspond to the seven days of the week. The plasmas are electrical fluids that are the primary building blocks of creation that stream out from the center of the galaxy. They also are absorbed into and radiated out from the seven chakras. Tuning into and familiarizing with these plasmas assists us in creating a new reality every day, every week, every moon and every year.

Each of the plasmas relates to a chakra. Every week begins with **Dali** and concludes on **Silio**. Study the graphic and feel the spiral flow of daily plasmas.

Note that each plasma has a quality, a chakra and an affirmation. Color in the graphic below, and meditate on each of the plasmas in our chakra.

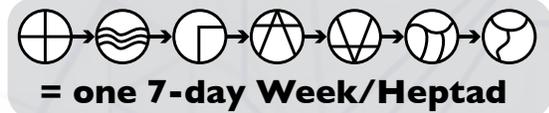
Another way to remember the plasmas and qualities is through this poem (or make your own!):

Dali's child ignites the heat
Seli's child lights the fleet
Gamma's child attains the peace
Kali's child catalyzes light-heat
Alpha's child releases the sphere
Limi's child purifies fears
 But the child that was born on
Silio day, releases the Earth in
 the Sirian way.

In every 28-day Moon of the 13 Moon Calendar:

Dali is days 1, 8, 15 and 22
Seli is days 2, 9, 16 and 23
Gamma is days 3, 10, 17 and 24
Kali is days 4, 11, 18 and 25
Alpha is days 5, 12, 19 and 26
Limi is days 6, 13, 20 and 27
Silio is days 7, 14, 21 and 28.

Dali (Yellow)		1	Crown: Target — Thermic
Gamma (White)		3	3rd Eye: Pacify — Thermic-Luminic
Alpha (Yellow)		5	Throat: Release — Double-Extended Electron
Silio (White)		7	Heart: Discharge — Mental-Electron Neutron
Limi (Red)		6	Solar Plexus: Purify — Mental-Electron
Kali (Blue)		4	Sacral: Establish — Static Distension
Seli (Red)		2	Root: Flow — Luminic



N O T E S

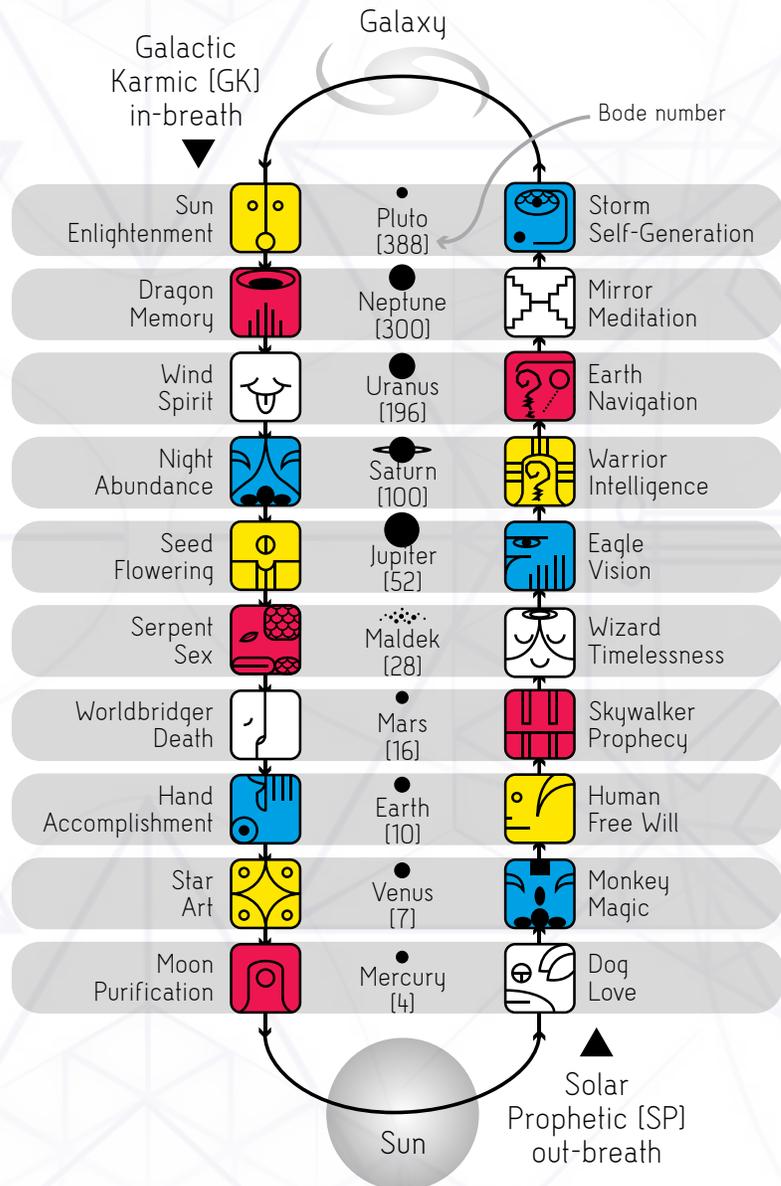
LESSON 12 Heliospheric Meditation

Visualize yourself sitting in the center of the Sun. Just be there and allow the radiant light to purify and fill you with lucid awareness. You are absorbing the direct energy from the Sun. Allow the intensity of the heat to increase. Every cell in your body is receiving and bathing in this glorious light that is continuously growing brighter and brighter. Know that this luminosity is purifying your being making you a crystal clear tuning fork for the Earth. Let the Sun's energy invigorate you and fill your channel and all of your etheric nervous fibers with pure, luminous solar energy.

Now come back to Earth and adjust your self-perceptions to that of a "solar recharge battery." Use the Sun's energy to infuse each of your 5 senses: Feel the light/heat bathe your sight, smell, touch, taste and feeling. Feel yourself once again as a multifrequency radar system. Now from the Sun begin to tune into the qualities of consciousness held in each planetary orbit. Memorize the planets with their solar seals.

The Law of Time recognizes 10 planetary orbits as we include Maldek (now the Asteroid belt) (and, Yes, Pluto). Study the graphic and note the in-breath toward the Sun is called "galactic/karmic" and the out-breath away from the Sun is "solar-prophetic." There are two solar seals assigned to each planet: One galactic karmic and one solar prophetic.

Note that the whole system of the sun and the planets constitutes the **heliosphere**. This is an extension of the Sun's electromagnetic plasmic sheathe that extends from the Sun and out to and beyond the electromagnetic field of Pluto. This whole electromagnetic plasmic sheathe constitutes the solar body.



LESSON 13

13: The Magic Number

Consider the number 13. Why has it been deemed a taboo number by our society? Why is the 13th floor often omitted in buildings? Why is there a fear of number 13?

According to the law of time, 13 is the key factor in the circulation of time which is exemplified by the *Wavespell*.

A Wavespell is a 13 unit time frame. Before we delve into the meaning of the wavespell, it is important to become familiar with the 13 galactic tones.

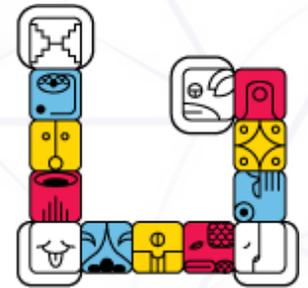
The 13 tones coordinate the 20 seals of the movement of space in time to create a pattern of 260 different galactic signatures. $13 \times 20 = 260$. Study the essence, power, and action of the 13 tones just as you did with the solar seals.

	NAME	ESSENCE	POWER	ACTION
1	 Magnetic	Purpose	Unify	Attract
2	 Lunar	Challenge	Polarize	Stabilize
3	 Electric	Service	Activate	Bond
4	 Self-Existing	Form	Define	Measure
5	 Overtone	Radiance	Empower	Command
6	 Rhythmic	Equality	Organize	Balance
7	 Resonant	Attunement	Channel	Inspire
8	 Galactic	Integrity	Harmonize	Model
9	 Solar	Intention	Pulse	Realize
10	 Planetary	Manifestation	Perfect	Produce
11	 Spectral	Liberation	Dissolve	Release
12	 Crystal	Cooperation	Dedicate	Universalize
13	 Cosmic	Presence	Endure	Transcend

These two components (13 and 20) are the building blocks of this new galactic knowledge base.

Let's use the Mirror Wavespell as an example. Study the placement of the solar seals in the graphic to the right. Meditate on what tones code each solar seal. Note the sequential story that plays out this next 13 days. Here is an example meditation of the Mirror Wavespell.

1. Mirror reflects purpose.
2. Storm stabilizes Mirror's purpose.
3. Sun activates purpose.
4. Dragon defines form of purpose.
5. Wind empowers purpose.
6. Night organizes purpose.
7. Seed mystically attunes purpose.
8. Serpent harmonizes purpose.
9. Worldbridger realizes purpose.
10. Hand manifests purpose.
11. Star liberates purpose.
12. Moon universalizes purpose.
13. Dog transcends purpose.



Also find this wavespell within the Tzolkin (It is Kin 118-130). Note that it is at the very center of the Tzolkin. This is a significant time of reflection on core essence.

Take note of your tone and its position in the wavespell. You will use this information in next week's lessons!

1
•
MAGNETIC

2
••
LUNAR

3
•••
ELECTRIC

4
••••
SELF-EXISTING

5
—
OVERTONE

6
•
RHYTHMIC

7
••
RESONANT

8
•••
GALACTIC

9
••••
SOLAR

13
•••
—
COSMIC

12
••
—
CRYSTAL

11
•
—
SPECTRAL

10
—
PLANETARY

N O T E S

LESSON 14

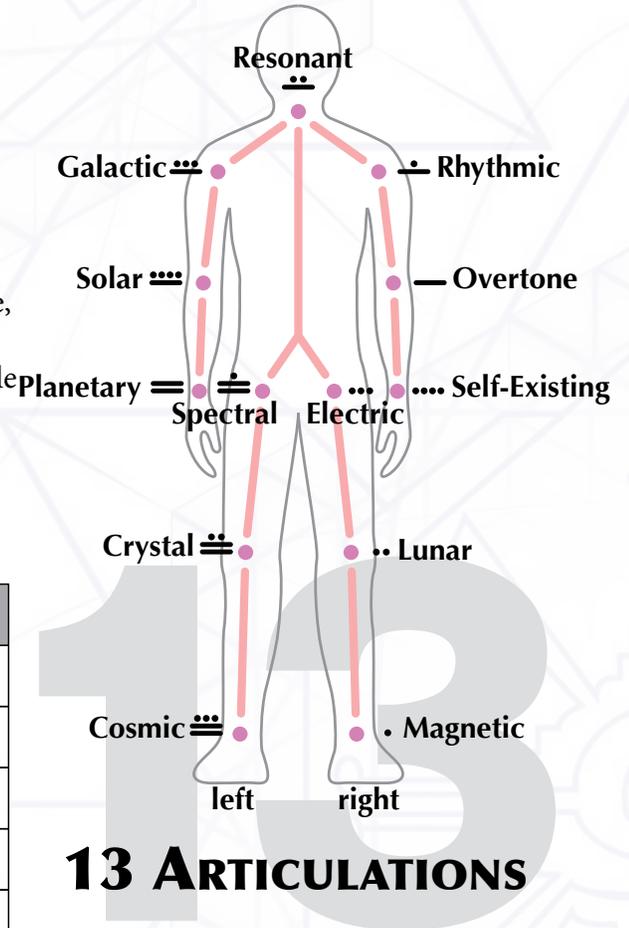
13 in the Body

The 13-unit wavespell is coded into our body. The most primary teaching of number occurs in the 13 articulations of the moveable joints of the body: 2 ankles, 2 knees, 2 hips, 2 shoulders, 2 elbows and 2 wrists with the 13th at the neck. Memorize these 13 in your body, just as you memorized the 20 solar seals.

To understand the pattern of the wavespells, color this Tzolkin graphic according to wavespell sequence. You will need a red, white, blue and yellow colored pencil. Color the wavespells in the Tzolkin in the following sequence: Red, White, Blue and Yellow. For example Kin 1-13 is red, next 13 (Kin 14-26) white, next 13 blue, next 13 yellow and then repeat.

COLOR THE 20 WAVESPELLS

	1	21	41	61	81	101	121	141	161	181	201	221	241
	2	22	42	62	82	102	122	142	162	182	202	222	242
	3	23	43	63	83	103	123	143	163	183	203	223	243
	4	24	44	64	84	104	124	144	164	184	204	224	244
	5	25	45	65	85	105	125	145	165	185	205	225	245
	6	26	46	66	86	106	126	146	166	186	206	226	246
	7	27	47	67	87	107	127	147	167	187	207	227	247
	8	28	48	68	88	108	128	148	168	188	208	228	248
	9	29	49	69	89	109	129	149	169	189	209	229	249
	10	30	50	70	90	110	130	150	170	190	210	230	250
	11	31	51	71	91	111	131	151	171	191	211	231	251
	12	32	52	72	92	112	132	152	172	192	212	232	252
	13	33	53	73	93	113	133	153	173	193	213	233	253
	14	34	54	74	94	114	134	154	174	194	214	234	254
	15	35	55	75	95	115	135	155	175	195	215	235	255
	16	36	56	76	96	116	136	156	176	196	216	236	256
	17	37	57	77	97	117	137	157	177	197	217	237	257
	18	38	58	78	98	118	138	158	178	198	218	238	258
	19	39	59	79	99	119	139	159	179	199	219	239	259
	20	40	60	80	100	120	140	160	180	200	220	240	260



HEPTAD 3

TRANSFORM KNOWLEDGE

LESSON 15

Wavespells and Castles

What wavespell are we currently in? What is your birth wavespell? Find your birth wavespell and work the the story sequence within it (see your 13 Moon almanac or calendar for key code words that will assist you). Follow your intuition and imagination, you are the one who provides the context. Meditate on the story that emerges through the 13 day sequence.

Let's take the Monkey Wavespell as an example. We could write the beginning story as follows:

The (1) **Monkey** initiates the cycle of MAGIC. This Magic is then stabilized by the (2) **Human's** wisdom; activated by the (3) **Skywalker's** wakefulness and extended through space by the (4) **Wizard's** timelessness; empowered by the (5) **Eagle's** vision; organized by the (6) **Warrior's** intelligence; mystically sustained by the (7) **Earth's** navigation; harmonized by the (8) **Mirror's** reflection; realized by the (9) **Storm's** energy; manifest as the (10) **Sun's** enlightenment; liberated by the (11) **Dragon's** nurturance and universalized by the (12) **Wind's** spirit, before transcended by the (13) **Night's** dreaming.

Now let's take this a step further.

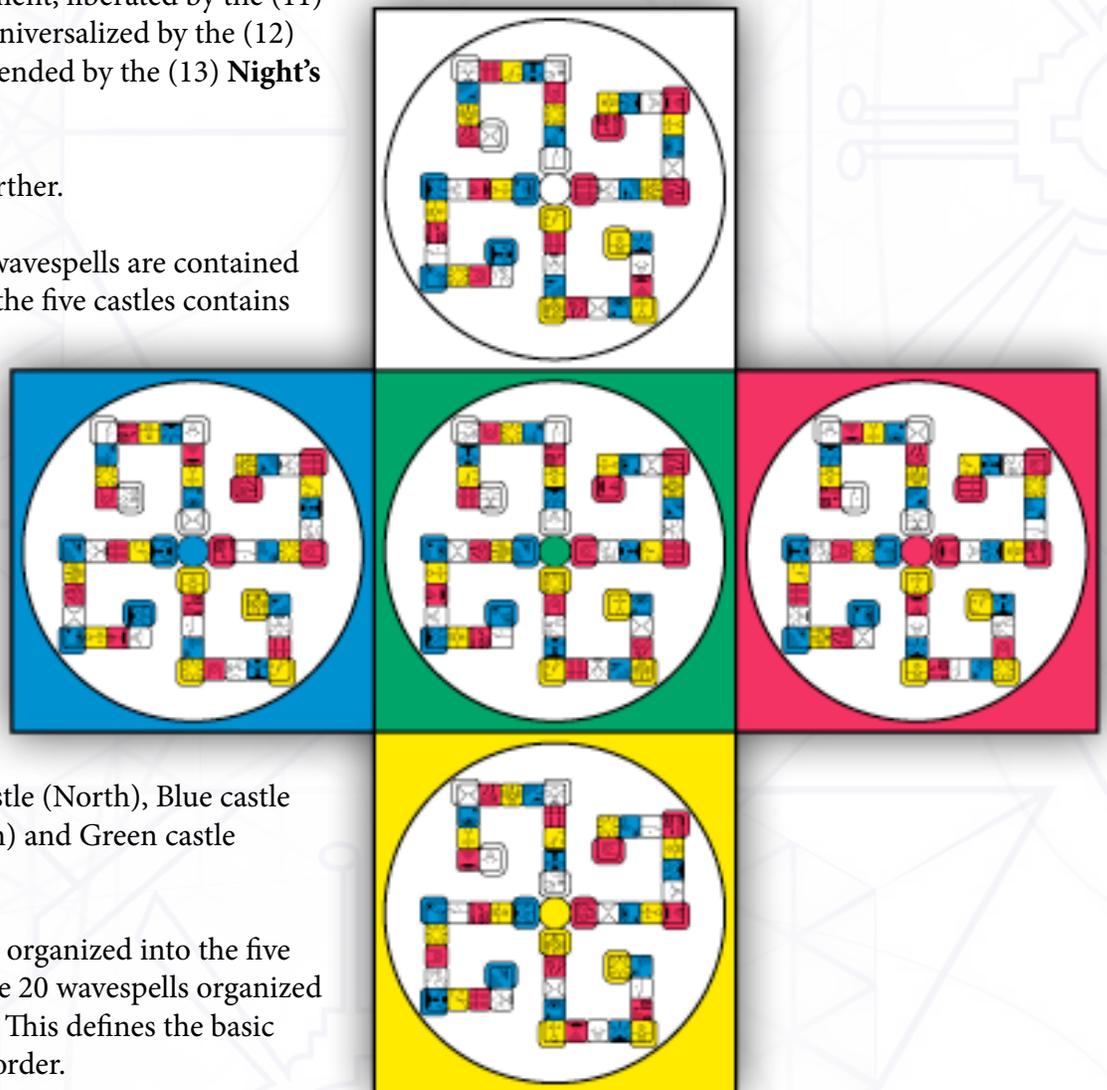
Note that each of these 20 wavespells are contained within five castles. Each of the five castles contains four wavespells of 13 days.

This means that each castle contains 52 days. $4 \times 13 = 52$.

Study the graphic and note the different colors, directions and functions. Which castle are you in? Which wavespell are you in?

Red castle (East), White castle (North), Blue castle (West), Yellow castle (South) and Green castle (Central matrix.).

Just as the 20 solar seals are organized into the five harmonics of time, there are 20 wavespells organized into the five castles of time. This defines the basic patterns of the synchronic order.



LESSON 16

Pulsars

Just like a smart phone, there are many applications to this 13 unit wavespell. A key application is the pulsar.

Here are three keys to beginning to understand the pulsar:

1. Pulsars extend the mind synchronically over different timing sequences.
2. Pulsars define different geometries of time.
3. The structure of the wavespell is made up of four sets of pulsars.

We will not go too in depth, but just give the basics to familiarize you. The best way to understand the pulsar is to first draw your birth wavespell. Then use a ruler to connect the pulsars shown in the list below. What is your pulsar? (See the *Star Traveler's 13 Moon Almanac of Synchronicity* for further instructions).

4D Time Pulsar: Tones 1, 5, 9, 13

2D Sense Pulsar: Connects tones 3, 7, 11

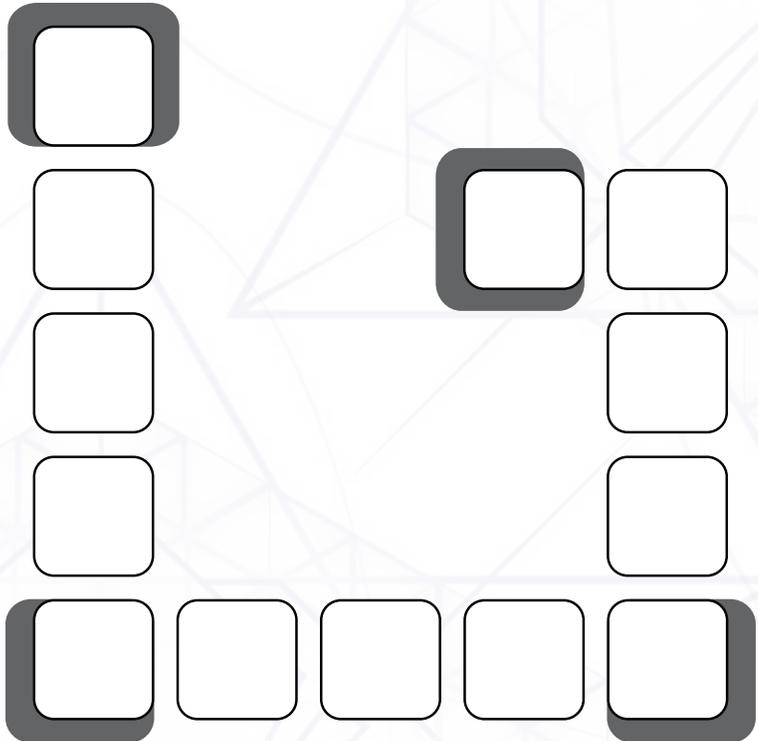
1D Life Pulsar: Connects tones 2, 6, 10

3D Mind-form Pulsar: Connects tones 4, 8, 12

Note the components of the wavespell: There are 2 gates: the Magnetic gate (1) and the Cosmic gate (13). These two points corresponds to the two entrance and exit gates or portals. There are 2 towers: the Overtone tower (5) and the Solar tower (9). Note how the 2 gates and 2 towers articulate the structure of the wavespell that is defined by the 4D time pulsar.

Draw your birth wavespell. If you do not know it see the list below. Then locate it in the tzolkin matrix.

Dragon Wavespell	Kin 1-13;
Wizard Wavespell	Kin 14-26;
Hand Wavespell	Kin 27-39;
Sun Wavespell	Kin 40-52;
Skywalker Wavespell	Kin 53-65;
Worldbridger Wavespell	Kin 66-78;
Storm Wavespell	Kin 79-91;
Human Wavespell	Kin 92-104;
Serpent Wavespell	Kin 105-117;
Mirror Wavespell	Kin 118-130;
Monkey Wavespell	Kin 131-143;
Seed Wavespell	Kin 144-156;
Earth Wavespell	Kin 157-169;
Dog Wavespell	Kin 170-182;
Night Wavespell	Kin 183-195;
Warrior Wavespell	Kin 196-208;
Moon Wavespell	Kin 209-221;
Wind Wavespell	Kin 222-234;
Eagle Wavespell	Kin 235-247;
Star Wavespell	Kin 248-260.



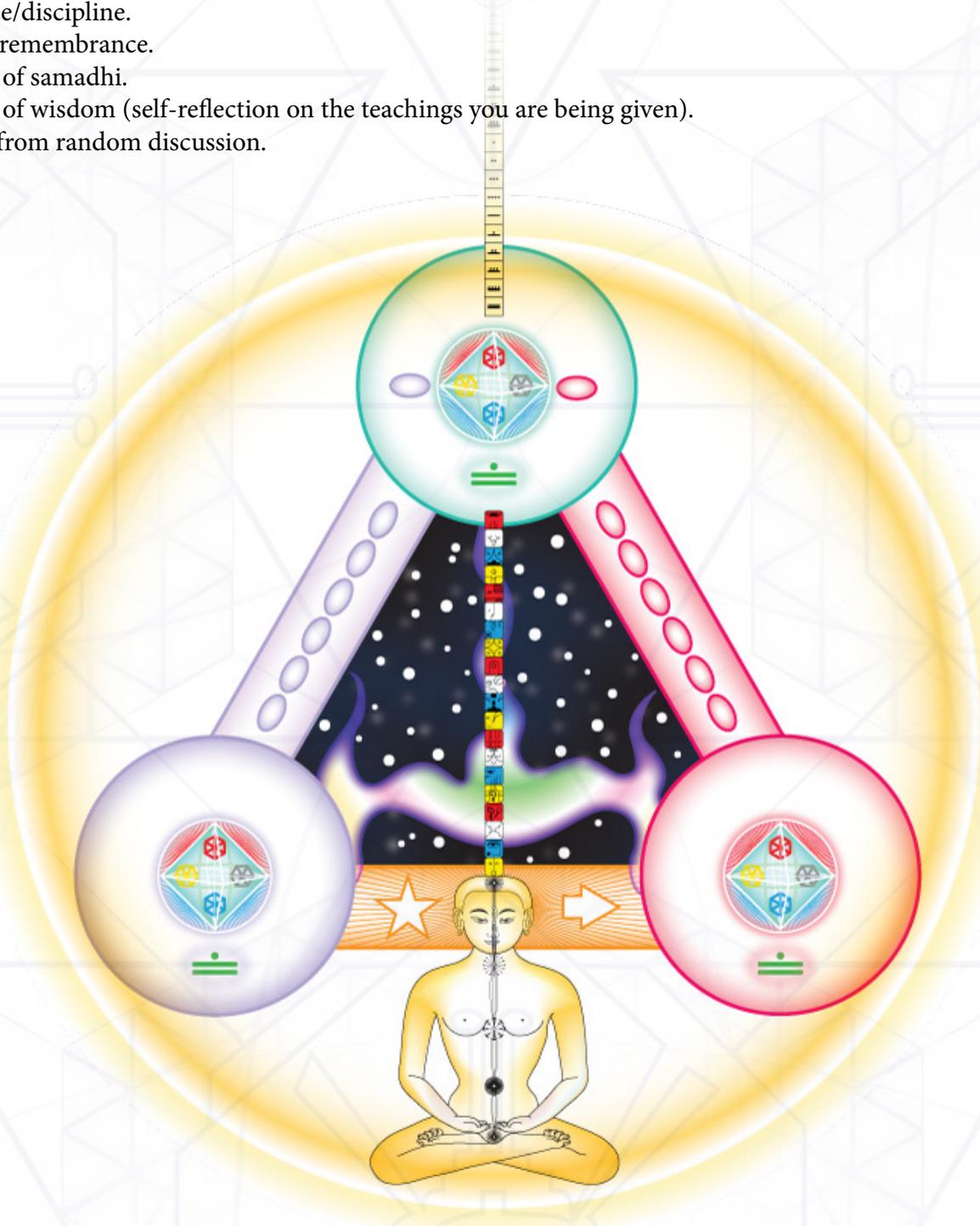
Draw the seals of your wavespell into the above blank wavespell template then draw your pulsar. For instance if you are Kin 122, you are in the Mirror Wavespell (as shown in Lesson 5/page 13). Kin 122 is Tone 5/Overtone, so you would connect Tones 1, 5, 9 and 13 (4D Time Pulsar).

LESSON 17

Keys to Enlightenment

The path of the synchronic order is holistic, which means it takes into account the totality of our being. While practicing new knowledge we are also working internally to become a better human to evolve ourselves at all levels. Eight is the number of harmony. Today meditate on the 8 aspects of enlightenment as put forth by Dogen (who brought Zen Buddhism to Japan, 1200-1253)

1. Freedom from greed.
2. Satisfaction with what you have.
3. Enjoying quiet.
4. Diligence/discipline.
5. Correct remembrance.
6. Practice of samadhi.
7. Practice of wisdom (self-reflection on the teachings you are being given).
8. Refrain from random discussion.



LESSON 18

Planets at Your Fingertips

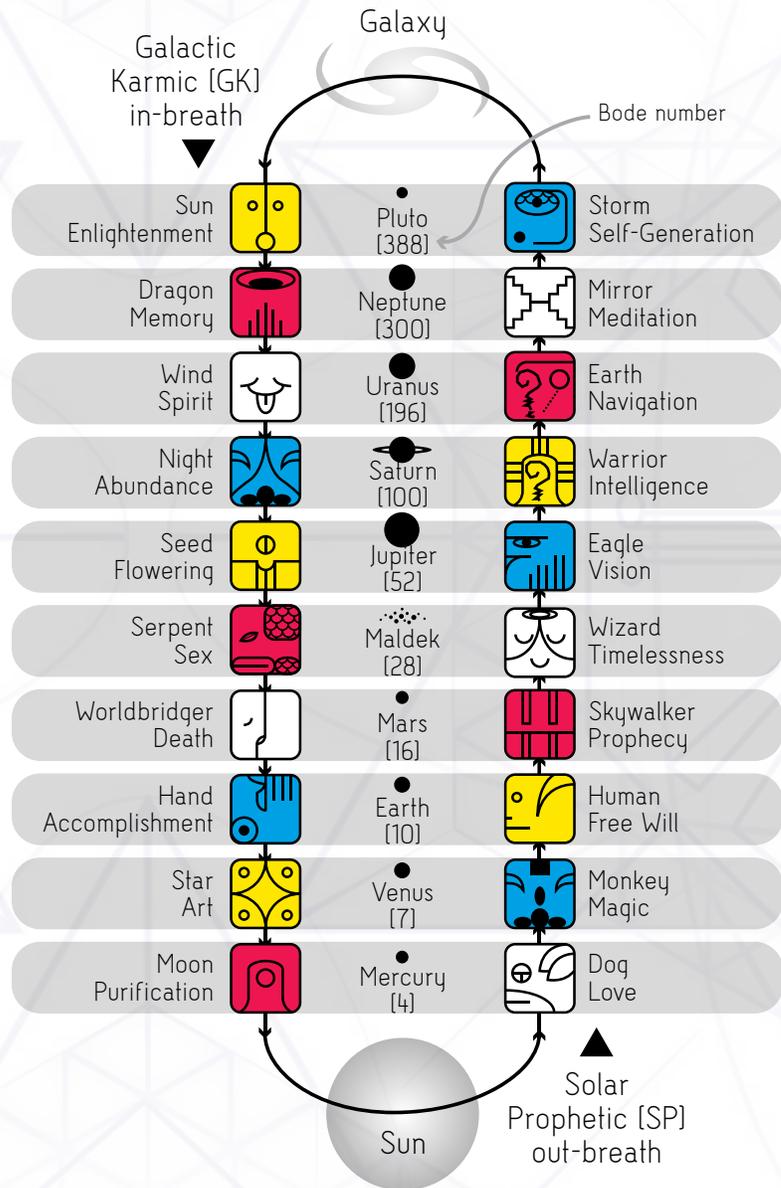
We learned last week about the 20 solar seals. (Did you memorize them?) And we learned how these solar seals also correspond to one main chakra as well as one of 20 points on the planet.

These 20 solar seals can also be found in the fingers and toes. So we have the 13 main articulations and the 20 fingers and toes. We are 13:20 time. Note the location of earth families on the fingers and toes. Thumbs/big toe are Polar family, index finger and toe are Cardinal family; middle finger and toe are Core family; ring finger and toe are Signal family; and pinky finger and toe are Gateway family.

Each of the 20 seals also correspond to a planet, two seals assigned for each of 10 planetary orbits. See graphic at right.

Today study the graphics on the following pages. Note that your right hand contains the five outer planet frequencies and your left hand the five inner planet frequencies. Your right foot the five inner planet frequencies and the left foot the five outer planet frequencies. So the entirety of the solar interplanetary thoughtform is contained within the digits of your four extremities, which hook up your body in a binary crossover pattern. This is the structure of your cosmic essence.

Work to memorize the solar seals within the fingers and toes. The planets are literally at your fingertips!



TALKING FINGERS



TALKING

TOES



LESSON 19

Opening to Earth Consciousness

As you learned in previous lesson, every solar seal corresponds to one planet in our solar system. The Human and Hand seals corresponds with planet Earth. Here is a meditation to to open to whole Earth consciousness:

Visualize yourself right where you are. Notice the space that you are in, whether it be inside or outside. Become aware of all of your senses. What do you see? hear? Smell? Taste? Are you touching anything? Now visualize yourself levitating, up, up, up and look down on it from above. Lift out further and see the entire street or area that you are in. Now expand out and lift higher and higher out into space.

From space, view the Earth as a single luminous blue mandala; like a wheel that possesses everything. See the Earth from all angles. See that it is a planetary orb, a wheel of turning in space with an essential value, its dharma or truth. The dharma or capacity of Earth is its capacity to sustain life.

Visualize the whole of life on earth, from the animals, to the plants, the humans down onto the insects and plankton. See it all as one whole system. The whole of life on the Earth is the biosphere, or the sphere of life that covers the surface of the Earth like a film or vibrant mantle that is ever in motion. Really visualize how all of the different life forms and processes are one unity on this shining blue orb.

Now let your mind penetrate beneath the surface of the Earth. Feel the spherical layers of sediment and crystalline rock. Go to the core and find the massive iron crystal octahedron. Feel this crystal core as a dynamic radio receiver elongated in the direction of each of its magnetic poles.

Place yourself in meditation at the very center of that crystal radio receiver. Who is the Earth receiving? What is the Earth broadcasting? Where is the Earth receiving? What messages is Earth giving you right now? Write your reflections in your journal.



LESSON 20

The 4 Galactic Seasons

As we see there are many different levels of cycles. The biggest cycle within the Tzolkin is the 65-day cycle. There are four of these 65-day cycles per Tzolkin spin. $65 \times 4 = 260$. These 4 cycles are known as Galactic Seasons.

Study the Tzolkin and find each of the Season Start Points. Color the Tzolkin with these four cycles. Find in your 13 moon calendar which dates these days fall on this year and mark these days as a new beginning.

Kin 185: Red Electric Serpent: Begins Red Season of Life-Force (Kin 185 - Kin 249)

Kin 250: White Electric Dog. Begins White Season of Love (Kin 250 - Kin 54)

Kin 55: Blue Electric Eagle. Begins Blue Season of Vision (Kin 55 - Kin 119)

Kin 120: Yellow Electric Sun. Begins Yellow Season of Enlightenment (Kin 120 - Kin 184)

COLOR THE FOUR SEASONS (65-DAY CYCLE)

	1	21	41	61	81	101	121	141	161	181	201	221	241
	2	22	42	62	82	102	122	142	162	182	202	222	242
	3	23	43	63	83	103	123	143	163	183	203	223	243
	4	24	44	64	84	104	124	144	164	184	204	224	244
	5	25	45	65	85	105	125	145	165	185	205	225	245
	6	26	46	66	86	106	126	146	166	186	206	226	246
	7	27	47	67	87	107	127	147	167	187	207	227	247
	8	28	48	68	88	108	128	148	168	188	208	228	248
	9	29	49	69	89	109	129	149	169	189	209	229	249
	10	30	50	70	90	110	130	150	170	190	210	230	250
	11	31	51	71	91	111	131	151	171	191	211	231	251
	12	32	52	72	92	112	132	152	172	192	212	232	252
	13	33	53	73	93	113	133	153	173	193	213	233	253
	14	34	54	74	94	114	134	154	174	194	214	234	254
	15	35	55	75	95	115	135	155	175	195	215	235	255
	16	36	56	76	96	116	136	156	176	196	216	236	256
	17	37	57	77	97	117	137	157	177	197	217	237	257
	18	38	58	78	98	118	138	158	178	198	218	238	258
	19	39	59	79	99	119	139	159	179	199	219	239	259
	20	40	60	80	100	120	140	160	180	200	220	240	260

LESSON 21

Defining the 4 Clans

Wisdom is self-existing, but it needs a form to manifest in. This is the meaning of the number 4.

Discipline and receptivity create the point where wisdom begins to manifest. Today we will focus on the Four Clans. The Four Clans are woven into the codes of time based on the primal four galactic elements (Fire, Blood, Truth and Sky).

Which of the Four Clans do you belong to?

Meditate on the unfolding of the Four Clans. Speak each of the commands aloud in order to further absorb the sequence of meaning.

...Fire self-generates...

YELLOW FIRE CLAN:

Yellow Sun tribe generates fire as the power of universal fire

Red Dragon tribe transmits fire as the power of birth

White Wind tribe energizes fire as the power of spirit

Blue Night tribe protects fire as the power of abundance

Yellow Seed tribe climaxes fire as the power of flowering

Through the power of flowering, fire becomes blood...

RED BLOOD CLAN:

Red Serpent tribe generates blood as the power of life force

White Worldbringer tribe transmits blood as the power of death

Blue Hand tribe energizes blood as the power of accomplishment

Yellow Star tribe protects blood as the power of elegance

Red Moon tribe climaxes blood as the power of universal water.

Through the power of universal water, blood becomes truth...

WHITE TRUTH CLAN:

White Dog tribe generates truth as the power of heart

Blue Monkey tribe transmits truth as the power of magic

Yellow Human tribe energizes truth as the power of free will

Red Skywalker tribe protects truth as the power of space

White Wizard tribe climaxes truth as the power of timelessness.

Through the power of timelessness, truth becomes sky...

BLUE SKY CLAN:

Blue Eagle tribe generates sky through power of vision

Yellow Warrior tribe transmits sky through power of intelligence

Red Earth tribe energizes sky through power of navigation

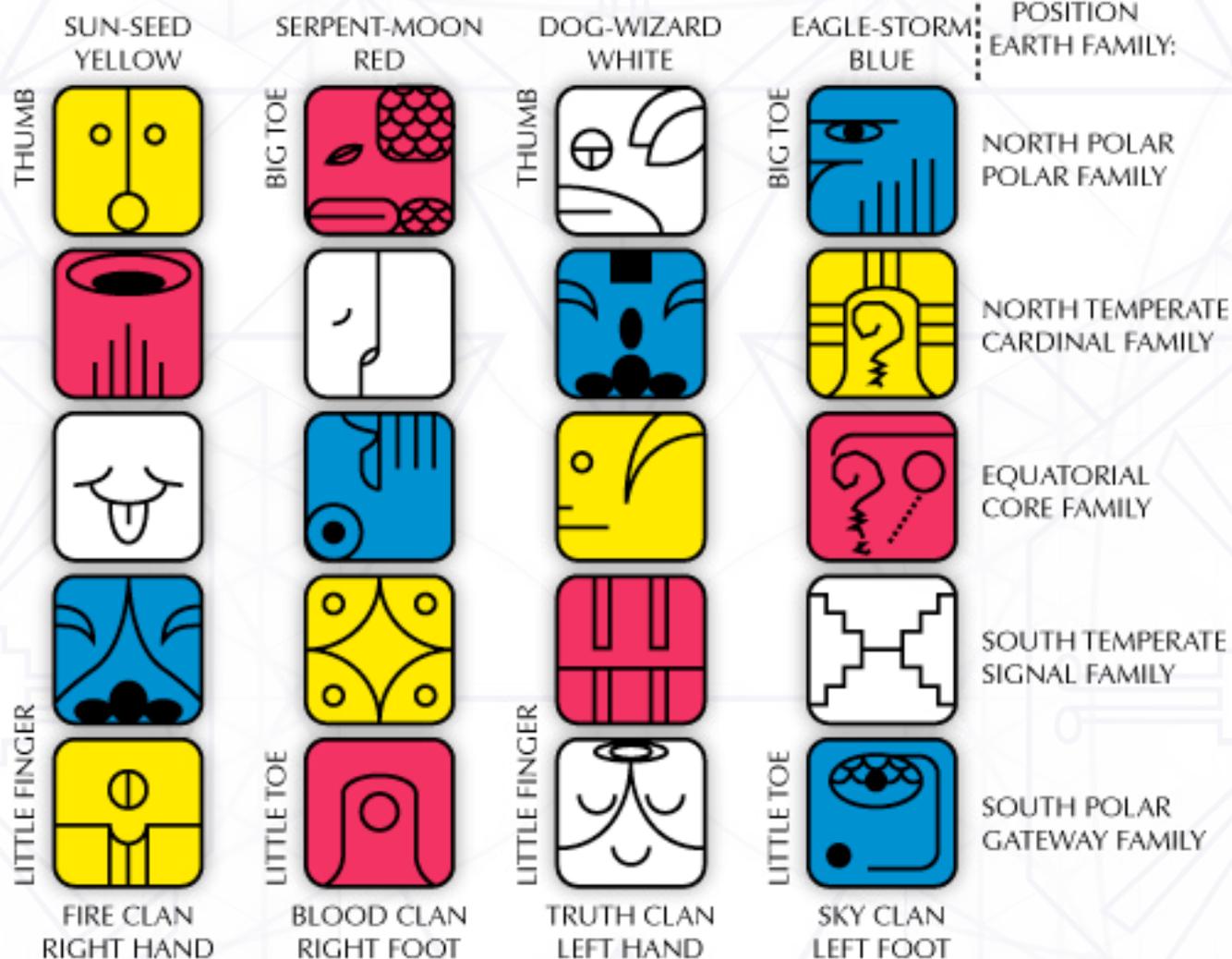
White Mirror tribe protects sky through power of endlessness

Blue Storm tribe climaxes sky as the power of self-generation.

Through the power of self-generation, sky becomes fire...

The graphic on the next page shows the Four Clans of Time (the four vertical columns). Study their interrelationships. Note that every Solar Seal is part of both an Earth Family and a Clan. You'll also note that each hand or foot corresponds to one whole Clan (For example the Fire Clan is the right hand, etc.)

CLAN CHROMATICS



HEPTAD 4

RIPEN KNOWLEDGE

LESSON 22

Time is Art

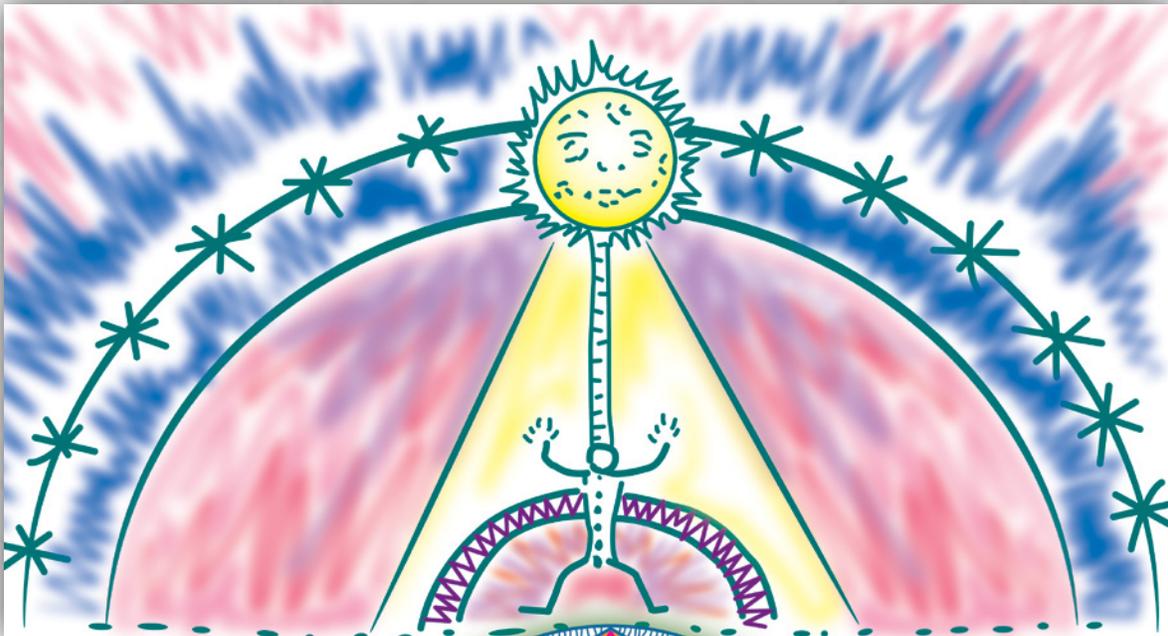
We are actors in a great cosmic motion picture. The quality of the movie we perceive is shaped by the color of our thoughts, the intensity of our emotions, and the clarity of our vision. We are the artists projecting behind the scenes onto the screen of creation. Everything we do is Art.

The conscious creation of art (in whatever form) is one of the most effective (and fun) ways to return to your Source Essence.

“Art” meaning anything you create: whether it be a song, a relationship, a painting or a meal. Rearranging your house or feng shui is an art. Love is an art. Gardening is art. Building is art; etc. The point is to find what makes you feel like yourself. When you are vibrating with joy in your own essence, then the cosmic doors swing open. Consider today making a collage or a collection of quotes about art and creativity. Get out your pen and rewrite the world (or draw or paint or build it).

My role in society, or any artist's or poet's role, is to try and express what we all feel. Not to tell people how to feel. Not as a preacher, not as a leader, but as a reflection of us all.

—John Lennon, White Planetary Wizard, Kin 114



LESSON 23

Empowering Vision

Today we will review some history and background of the 13 Moon calendar. The Harmonic Convergence was a key point in time, activating all of the knowledge of the Law of Time.

The Harmonic Convergence was initiated on 16-17 August 1987, Kin 55-56. This event was the fulfillment of an ancient Mexican prophecy, announcing the conclusion of a major cycle of 1,144 years, and the beginning of a final transitional period of 25 years. This 25-year cycle - the time of prophecy - spanned the period between 16 August 1987 and 21 December 2012.

This event also coincided with the explosion of Supernova 1987A (aka "Quetzalcoatl"). All the codes of the Law of Time are functions of a time released mind transmission beam (GM108X) emanated from Supernova 1987A, the cosmic trigger of the Harmonic Convergence. (Note: In 1997 a further burst of energy of the supernova occurred resulting in a further downloading of synchronic codes).

The basis of the original Harmonic Convergence event and the cause of its success and positive effect on the world was in the principle of unification through synchronized global meditation. The point of the synchronization was two-fold: to establish a common unified field of mind and intention, and secondly to create a type of mental network or field around the planet over a period of two days - a proto-noosphere.

Today contemplate the qualities of a supernova and its effects on consciousness.

You might also study *The 260 Postulates of the Dynamics of Time* - available in print or as a free download at the Lawoftime.org Bookstore.

LESSON 24

Balancing the 3 Bodies

Today we will practice balancing and integrating our three bodies: physical (3D), etheric (4D) and electronic (5D).

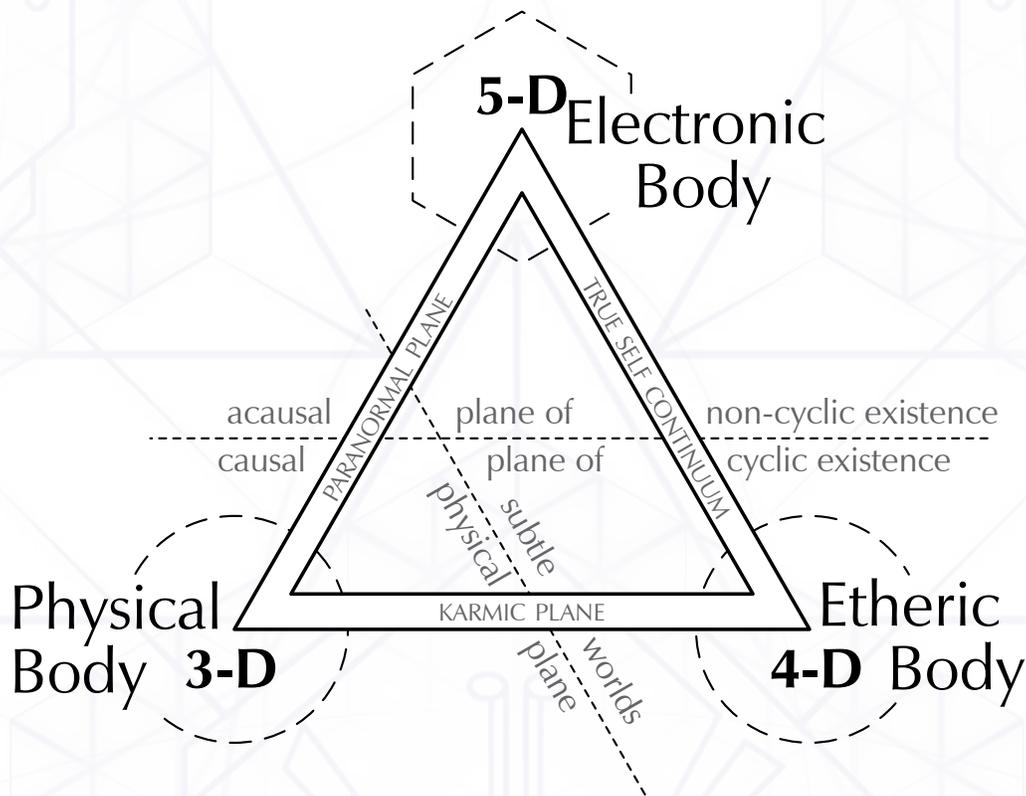
We evolve in stages from the purely third-dimensional physical realm, to the fourth-dimensional etheric realm and finally to the fifth-dimensional electronic realm, which contains the divine blueprint of our being. This is the purpose of the cultivation of our mind/body.

The integration of these three bodies is a key to our evolution.

Here is an exercise you can try:

Think of an obstacle or challenge that you are having in your third-dimensional life. Get out your notebook or journal and make four columns. In the first column write the nature of your problem or challenge. In the second column write down your 3D perceptions, i.e. "I don't know what to do about this, I feel stuck, etc." Write out all your perceived limitations.

Now clear your mind for a moment, and call in your 4D higher self, holon or subtle body: the invisible, psychic part of you. Practice seeing the situation from your 4D body. Write down what comes to you from this vantage point. Now go even higher to the 5-D: the electronic mother/father guardian spirit who loves you unconditionally. Tune into this and see what messages you receive. You might be surprised at your capacity to tune into different parts of yourself!



LESSON 25

The 6 (+1) Mental Spheres

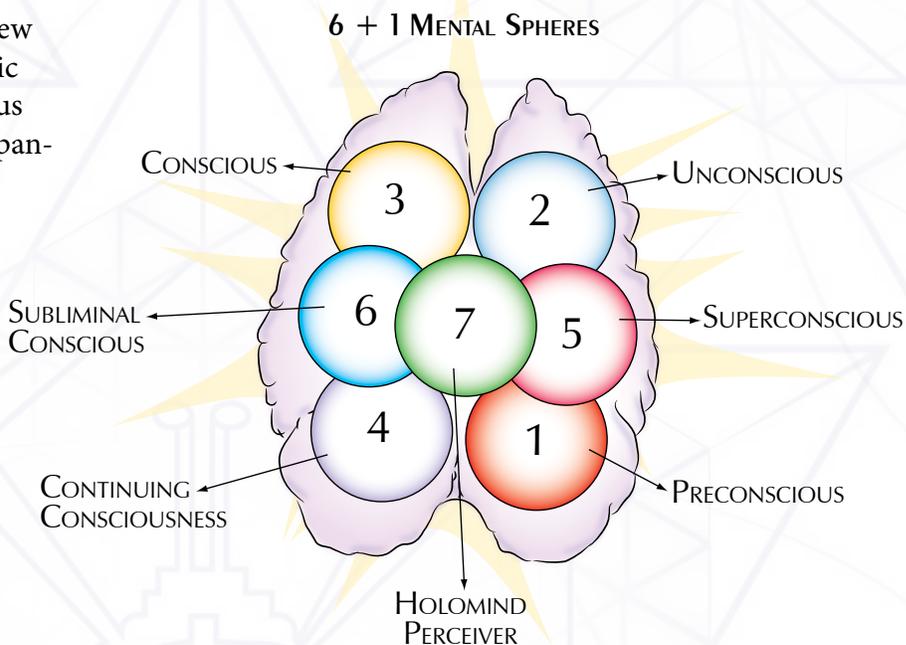
What is your highest vision for planet Earth? Let's take some time today in the inner chamber and envision. You may want to write a life vision statement for yourself so that you know the direction that you wish to go.

Each day of the week we activate one of 6 (+1) mental spheres. Today is the third radial plasma, Gamma, and we activate the third mental sphere which is the waking conscious sphere.

The brain is a wireless receiver or antenna with the capacity to tune into any number of vibration stations. By consciously activating and recognizing the different mental spheres, we activate dormant parts of our brain so that slowly, then quickly, our vibration begins to change. This is a result of adopting new mental habits.

Study each of the 6 (+1) mental spheres, listed below. To go further in depth see *Book of the Transcendence: Cosmic History Chronicles, Volume VI*.

1. Preconscious—This sphere serves as resonance chamber of the physical body where paranormal faculties are developed and stored. Contains karmic patterns, past life memory, etc.
2. Unconscious—This sphere contains conditioned and acquired thought reflexes.
3. Conscious—This sphere contains fleeting, moment-to-moment awareness as perceived through the five senses.
4. Continuing conscious—Sphere of disciplined concentration. Maintaining unbroken stream of consciousness. No longer falling into the unconscious or automatic reactions.
5. Superconscious—Sphere of 5D electronic body. Receiver station of telepathic mind programs. Seat of cosmic consciousness.
6. Subliminal conscious—Sphere of parapsychic parallel universe access. Subliminal means “below threshold”. This sphere assists in reprogramming conditioned 3D programs.
7. Holomind Perceiver—Sphere of our new evolving sense organ, the noospheric sensing device. Located in the corpus callosum. Contains master control panel that governs all other spheres.



LESSON 26

Activating New Earth

How can we begin to envision this new Earth in order to experience ourselves as co-creating with it? Here is a meditation:

1. Sit quietly in a calm environment and allow your mind to relax back to its natural state. Dissolve your thoughts with the out-breath.
2. Ask to receive the highest vision possible for the planet and all sentient beings.
3. In a state of relaxed focus, allow your mind to envision the highest creation - i.e. crystalline water, everyone healthy, big flowers and gardens (or whatever your vision).
4. Explore the feeling vibration of this vision and begin to amplify it.
5. Now perceive yourself as a radio station picking up all the highest visions ever imagined on this planet and beyond. (Through positive envisioning you heighten your resonance with the Earth and open new channels for heightened vibratory structures to enter our planet).
6. Hold this energy for as long as possible. Watch and listen. Write your reflections in your journal.

LESSON 27

Solar/Galactic Energy Activation

We are here to activate our solar galactic powers.

Sit in a quiet place and meditate on the Sun. Feel the heat. Feel the light. Feel the healing rays penetrate into every cell of your body.

Using the Sun's energy, turn your attention to each of your five senses: sight, sound, smell, touch, taste. Realize that your senses are actually a multifrequency radar system. Through your senses you can tune into the entire spectrum of solar-galactic frequencies, which actually saturate the environment.

Listen to the silence and feel all of its textures. When you **look**, really take the time to see and experience the phenomenal number of modulations of color and light that fill the field of vision. **Taste** the taste in your mouth. Feel all the nuances of what it is to taste yourself. Take a deep inhalation and **smell**. Whatever it may be, feel all of the different gradations of odor. **Touch** the palms of your hands and extended fingers to each other, pressing not too hard, but enough so that you can really feel your skin touching itself. What is this?

Everything that you experience, all the gradations of every sense organ are modulations of solar-galactic frequencies and energies. By tuning into our senses we come fully into the present moment. Still your mind and see what messages are being communicated. Write them in your journal.

LESSON 28

Destiny Castle

The 13 Moon/28-Day calendar and 260-day Tzolkin/Galactic Spin combine to make a perfect 52-year cycle. **Your galactic signature engages this 52-year Cycle in a unique pattern called the Destiny Castle.** The Destiny Castle demonstrates the power of time magic by revealing different patterns and synchronicities in your life that you may not have otherwise known about.

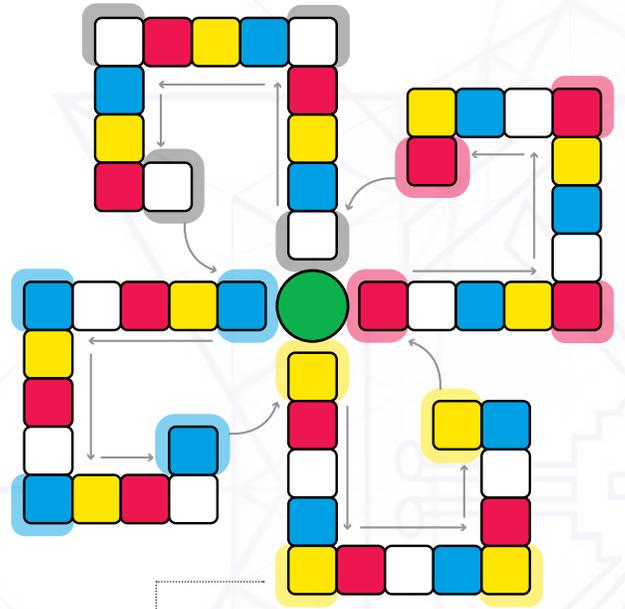
Your galactic signature is the basis of your personal Destiny Castle. Each year on your birthday you cycle through a new galactic identity based on one of the 13 tones and one of the four solar seals of your Earth Family.

Which Earth Family Are You?

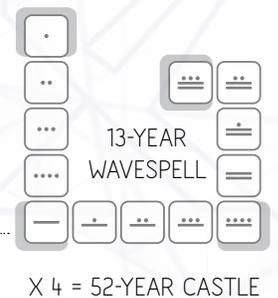
Find your Seal in the chart below. Circle which Earth Family you are in. The Four Seals of your Earth Family are the Seals that you will draw into your Destiny Castle Blank on the next page, always in the sequence of Red, White, Blue, Yellow, Red, White, Blue, Yellow, and so on.

-  Polar Earth Family
-  Cardinal Earth Family
-  Core Earth Family
-  Signal Earth Family
-  Gateway Earth Family

The sequence of your galactic signature belongs to one of the five Earth Families and is always coded by one of the colors, Red [R], White [W], Blue [B], Yellow [Y]. As shown in the graphic, the Destiny Castle consists of four wavespells. Although each wavespell is rotated to a different orientation they all still follow the same numbering of 1-13 for each position.

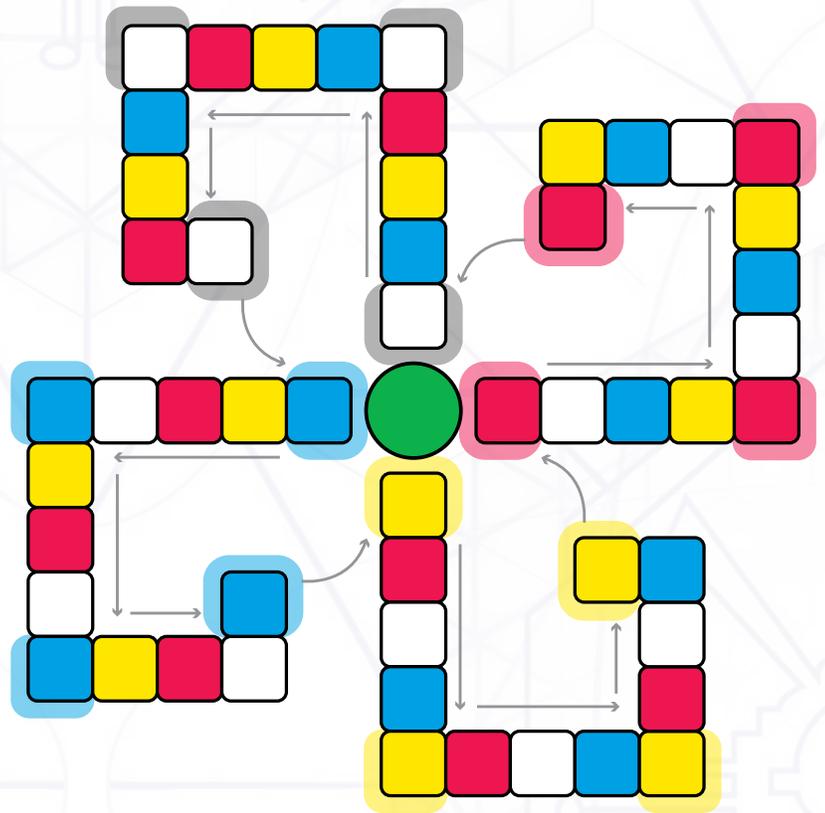


Example:
 Begin *HERE*
 if you are a
 Yellow Overtone Star 
 That's because this the
 Yellow [Y] unit in the
 Overtone
 tone — position!



For example: If your galactic gateway is Yellow Overtone Star, you start with the Yellow “Overtone” tone position [—], then when you are 1 year old you will be a Red Rhythmic Skywalker; 2-years old a White Resonant Mirror; 3-years old a Blue Galactic Night; and 4 years old Yellow Solar Star; and when you are 51, you will be Blue Self-Existing Night, the last position before your galactic gateway and so on.

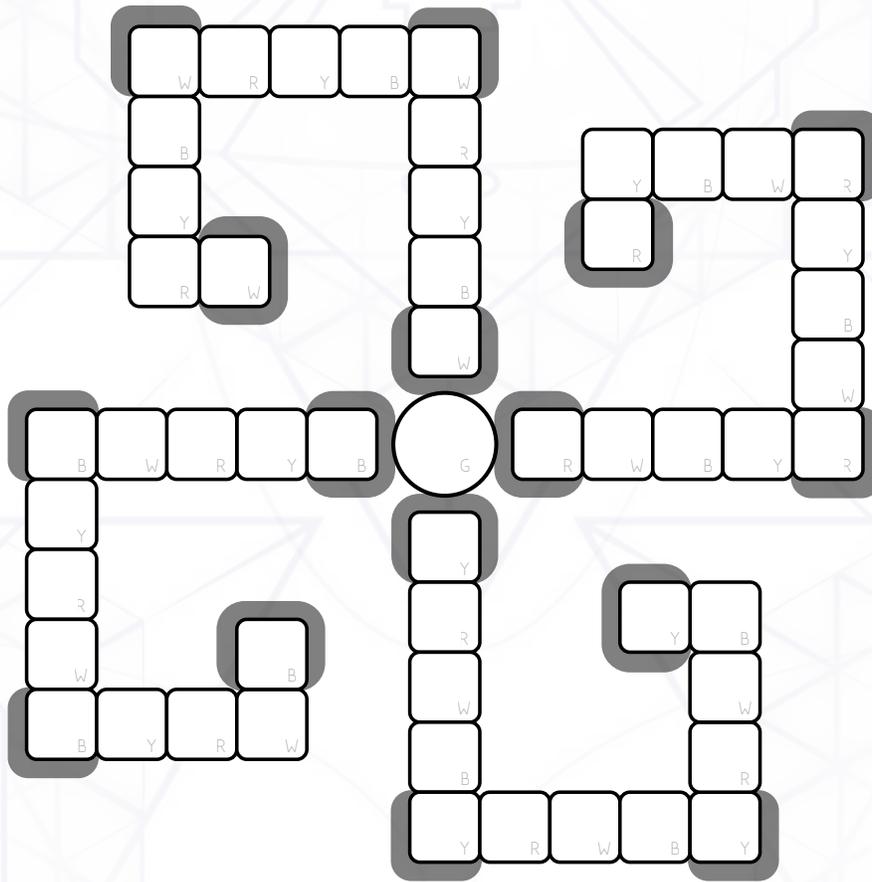
Remember you are always moving counter clockwise. Just keep going from wavespell to wavespell until you get back to where you began. This is your 52-year cycle. When you turn 52 this is your “Sirian Rebirth” since the cycle of Sirius is 52 years. After that, the cycle repeats, i.e. when you are 53 you will be the same galactic signature as when you were 1 year old, when you are 54 you will be the same galactic signature as when you were 2 years old, and so on.



Remember: Your Castle starts at the position of your Tone and the color of your Seal, as shown in the example on the previous page.

1. Match the color and tone of your galactic signature with the specific position in the Destiny Castle.
2. Fill this position in on the empty Destiny Castle provided. Your galactic signature is your Year 0 point - or galactic gateway - your entry to this planet.
3. Once you have located your galactic gateway on the Destiny Castle, each succeeding kin represents the sequence of your solar birthdays. Moving through all four wavespells of the Destiny Castle, your 51st birthday will be represented by the position preceding the galactic signature of your birth. Then on your 52nd birthday you will return exactly to the same position as your galactic signature!
4. Make a record of the years of your life and the corresponding galactic signatures so you can study your life with 4-D glasses!

MY DESTINY CASTLE



Age Signature

Birth / 52	<input type="checkbox"/>	_____
1 / 53	<input type="checkbox"/>	_____
2 / 54	<input type="checkbox"/>	_____
3 / 55	<input type="checkbox"/>	_____
4 / 56	<input type="checkbox"/>	_____
5 / 57	<input type="checkbox"/>	_____
6 / 58	<input type="checkbox"/>	_____
7 / 59	<input type="checkbox"/>	_____
8 / 60	<input type="checkbox"/>	_____
9 / 61	<input type="checkbox"/>	_____
10 / 62	<input type="checkbox"/>	_____
11 / 63	<input type="checkbox"/>	_____
12 / 64	<input type="checkbox"/>	_____
13 / 65	<input type="checkbox"/>	_____
14 / 66	<input type="checkbox"/>	_____
15 / 67	<input type="checkbox"/>	_____
16 / 68	<input type="checkbox"/>	_____
17 / 69	<input type="checkbox"/>	_____
18 / 70	<input type="checkbox"/>	_____
19 / 71	<input type="checkbox"/>	_____
20 / 72	<input type="checkbox"/>	_____
21 / 73	<input type="checkbox"/>	_____
22 / 74	<input type="checkbox"/>	_____
23 / 75	<input type="checkbox"/>	_____
24 / 76	<input type="checkbox"/>	_____
25 / 77	<input type="checkbox"/>	_____
26 / 78	<input type="checkbox"/>	_____

Notes

27 / 79	<input type="checkbox"/>	_____
28 / 80	<input type="checkbox"/>	_____
29 / 81	<input type="checkbox"/>	_____
30 / 82	<input type="checkbox"/>	_____
31 / 83	<input type="checkbox"/>	_____
32 / 84	<input type="checkbox"/>	_____
33 / 85	<input type="checkbox"/>	_____
34 / 86	<input type="checkbox"/>	_____
35 / 87	<input type="checkbox"/>	_____
36 / 88	<input type="checkbox"/>	_____
37 / 89	<input type="checkbox"/>	_____
38 / 90	<input type="checkbox"/>	_____
39 / 91	<input type="checkbox"/>	_____
40 / 92	<input type="checkbox"/>	_____
41 / 93	<input type="checkbox"/>	_____
42 / 94	<input type="checkbox"/>	_____
43 / 95	<input type="checkbox"/>	_____
44 / 96	<input type="checkbox"/>	_____
45 / 97	<input type="checkbox"/>	_____
46 / 98	<input type="checkbox"/>	_____
47 / 99	<input type="checkbox"/>	_____
48 / 100	<input type="checkbox"/>	_____
49 / 101	<input type="checkbox"/>	_____
50 / 102	<input type="checkbox"/>	_____
51 / 103	<input type="checkbox"/>	_____
52 / 104	<input type="checkbox"/>	_____

Selected Galactic Vocabulary

Galactic Signature – assumed name of planetary kin taken from title of galactic gateway of date of birth as registered in the Book of Kin.

Tzolkin – complete 260-kin index arranged according to five time cells and thirteen harmonic runs; shows 65 harmonics according to inverse pairs; used to verify all compass maneuvers and to establish all occult partners and quartets and antipode kin.

Solar Seals – iconic imprints of one of the 20 solar tribes.

Galactic Tones – the thirteen powers of creation; always in relation to each other, the thirteen galactic tones create a wavespell.

Holon – structure of fourth-dimensional universe; fourth-dimensional body with third-dimensional space suit.

Wavespell – time template and synchronization module based on thirteen galactic tones.

Earth Family – one of five sets of four color-coded seals; combined with thirteen galactic tones, codes solar birthday according to 52-year Castle of Destiny; horizontal code of Planet Holon.

Galactic Season – 65-kin spectrum, one quarter of a spectral spin coded by the four polar kin: red serpent, white dog, blue eagle, yellow sun.

Congratulations on completing the 28-day Program Introduction to Galactic Consciousness

As you can see from this program the 13 Moon calendar is not just a count of days, but a synchronic frame of reference for organizing and identifying the patterns of synchronicity. It demonstrates on a daily basis how seemingly random events are unified into one galactic whole.

Some follow up suggestions to this program:

1. **Natural Mind meditation (even 13 minutes a day goes a long way).** Not only does this make us feel more calm and centered, it also creates a peaceful anchor for those who are caught up in the fast-paced world. Our vibrations effect the whole.
2. **Work each day to turn “negatives” into positives. It is all a matter of perception.** Our challenge at this time is to remain utterly positive and focused on the world we wish to create and live in. We do not need to make our dreams fit into the mindset of this world, rather we can create a new mindset.
3. **13 Moon Calendar: Contemplate the daily galactic signature.** This helps enter your mind into cyclic time, increases continuing consciousness and opens you to fresh cosmic perceptions.
4. **Daily practice of the synchronic order. Continue keeping a Synchronicity journal.** The more you focus on synchronicities, the more they increase.
5. **Form a Synchronic Study group.** These study groups should offer a space of love and respect to share synchronicities, new galactic perceptions and dialogues that assist and support us in stabilizing a new consciousness. A designated facilitator can help maintain a sense of focus and equality of sharing among the

participants. You may wish to set an intention for each meeting at the beginning, i.e. to increase unity consciousness, to be a battery of light for the planet, to increase frequency, to activate the noosphere/planetary mind, etc.

Alternately, you might have each member of the group think of topic questions to put in a hat, and pull one for each meeting, for example:

“What are the effects of calendars on consciousness?” or “How do we activate our sixth sense through using the synchronic codes?” or “How does this knowledge relate to current world events?” or “What is the process of the emotional body when it receives new knowledge?” or “What is the new myth of our planet?”

You might begin your group with the *Prayer to the 7 Galactic Directions* - as seen in the opening pages of the 13 Moon Peace Synchronometer and the *Star Traveler's 13 Moon Almanac of Synchronicity* - followed by a few moments of natural mind meditation.

Every Silio day you are invited to join us in the Rainbow Bridge Meditation.

General Guidelines for the Meditations

Recommended preliminary practice for all of the synchronized meditations and visualizations:

Light incense and/or burn sage. Then experience 5-15 minutes of natural mind meditation, dissolving all thoughts as they arise and clearing your mind. When you feel a clear mind, then begin the visualization and/or specific meditation.

Recommended concluding practice for all of the synchronized meditations and visualizations:

When you conclude the particular meditation or visualization take three deep inhalations. As you inhale visualize that you are taking in all the darkness, ignorance and suffering the world. As you hold your breath, feel the pain of the world being transmuted in your heart into light, compassion and love for all beings. As you slowly exhale, breath out light and compassion for all beings without exception.

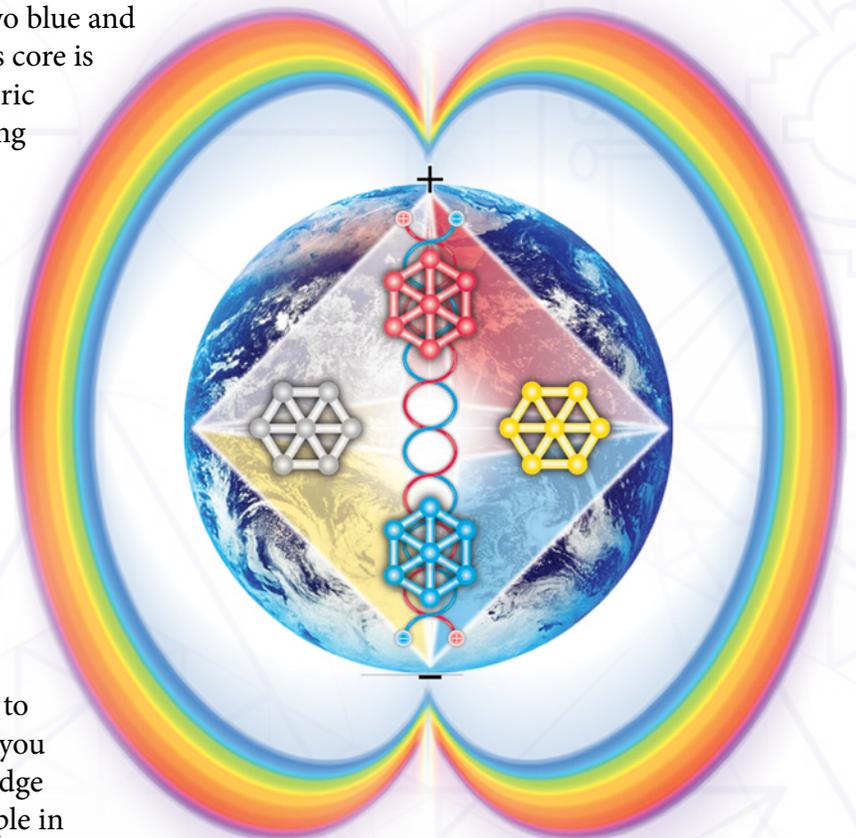
The meditations may be done either individually or as a group. If group meditation, sit in a circle.

Silio Rainbow Bridge Meditation

Visualize yourself inside the Earth's octahedron crystal core (with two red and two white sides on top, and two blue and two yellow sides on bottom). In the center of this core is an intensely blazing point of white light. An etheric column extends North and South from the blazing center to the tips of the octahedron.

Now visualize from the center of the crystal a great stream of multicolored plasma-filled light, flowing along the axis toward both of Earth's poles, shooting out from them, to become two rainbow bands 180 degrees apart. As Earth revolves on its axis, this rainbow bridge remains steady and constant, unmoving.

Now take the whole vision of the rainbow bridge around the Earth and place it in your heart. Imagine the two streams of rainbow light rushing through your central column, shooting out from above your head and beneath your feet to create a rainbow bridge around your body. Now you and the rainbow bridge are one. The rainbow bridge of world peace is real. Visualized by enough people in a telepathic wave of love the rainbow bridge will become a reality.



THANK YOU

Thank you for participating in this 28-day Journey to Galactic Consciousness! If you have any questions from the course or suggestions on how to improve future courses, please send them to us at info@lawoftime.org - put "28-day Course" in the subject line.

We always appreciate your support! If you benefited from this, please consider making a donation to the Foundation for the Law of Time • lawoftime.org/donate. We are a nonprofit and rely on your donations to continue the work.

The codes of time are all aspects of a system of new knowledge. New knowledge by its nature is cathartic and transformative. Old knowledge must be displaced, abandoned or revised; otherwise, the new knowledge will not take root. There must be a turning in the deepest seat of consciousness for the new knowledge to become real in order to inform and nourish the most profound psychic bases of our being. This can be by turns a painful, a bewildering, or even a boring process. Painful because new knowledge confronts the spell of egoic attachments that the old knowledge casts upon us; bewildering because the new knowledge does not fit our preconceived notions of reality, both philosophically or socially; and boring, because sometimes it seems like it is just rote practice and we are not certain that it leads anywhere or that anything is really happening. The point is: once you have entered the stream of new knowledge, do not stop half way. "If you don't do it, it won't work."

—José Argüelles/Valum Votan, Rinri Project Newsletter Vol. 1, Number 6