



STOPPING TIME

A THIRTEEN MOON PRIMER



BY:

José Arguelles/Valum Votan



STOPPING TIME: A Thirteen Moon Primer

By José Arguelles / Valum Votan

(Original Text revised and updated by Stephanie South)



Cover design by RuBen LLinas, Kin 113 • Digital illustrations by Mauricio Ortiz Martinez, Kin 25

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01. Forward:

Stopping Time - Consider the Alternative

Now The War has started. You can see it is a terrible war. No war is ever great, but this one - this is the Mother of All Wars. This is the way history and civilization must finally come to an end. It may be the End Time - but must it be the end of time? Can there be a new beginning in a New Time?

Everyone who loves peace wants to do something. And we need to do something new. Something that will stop the killing. Something that will stop the war. Something radically simple. How about stopping time? Yes. If we can stop the time, we can end the time of war. And then we can enter a new time of peace. The choice is actually ours.

That is what this book is about. Helping you to make that choice.

We all really want peace. Not peace through war, or peace that is bought for money. But real peace. And we want that peace to be for more than just one minute or even one day. We want that peace all

the time. After the War to End All Wars is over, we will want peace forever.

Well, I know a way we can do it, a deceptively simple but fundamental way. Stop time. Pull out the rug from under the feet of the old civilization. Take away its confusing old calendar and replace it with a new calendar of perfect harmony. It could be that simple - not that it won't require a full time commitment to that change once we have made it.

Of course, you probably never thought of this before. But that is why it is being presented to you now. It is now time to think about it. It is now time to consider stopping time. Look around you and consider the alternative. To stop time is to give ourselves the opportunity to pause in our tracks and change direction, like a train switching tracks. And the new direction is constructive harmony, creative peace, and Re-Creation.

Yes, it could be that we are at the crossroads and stopping time and changing calendars is God's way of giving us a choice. Which do you want, Hell or Heaven on Earth? If you consider that a calendar is a program that creates a spell, take away the calendar and break the spell. Just see what happens when you do this. One easy stroke and the old spell will be broken. And a new calendar of thirteen perfect months of 28 days each will be there to cast a spell of harmony and peace.

It's not as impossible as it sounds. Just read this little book. It was made short, sweet and simple just for you. Stopping time could be the greatest collective self-empowerment the human race has ever experienced. And this exercise in self-empowerment is just waiting for you to join in. But don't hesitate. As the saying has it, time is of the essence.



02. Introduction:

This Book Will Change Your Life Forever

The book you are about to read will probably change your life forever. It is about something you have undoubtedly never thought about, stopping time - and then getting on with the second creation!

Believe it or not, it is all in your power. But first you must understand. You must stretch your mind. You must let new knowledge enter into you, knowledge that will alter your perceptions about yourself, your society, and the kind of world we live in. And the kind of world we could create if we understood one fundamental point - the nature of time and its effect on our beliefs and the world we create.

Naturally you may wonder - what does it mean to stop time? How can you stop time? Isn't time always just going on and on and on? Well yes, but there are different kinds of time. We are talking about old time and new time. About stopping the old time and starting a new time. We are talking about stopping time and changing the calendar.

It may never have occurred to you that your entire sense of time - everyday time, the time by which you live, workdays and weekends and all the holidays in between, in fact all that you believe, is a

function of the calendar you follow. That is quite an assertion. That is why you need this book to understand how and why this could be and what you can do about it.

And, of course, at some time or another you have heard of the biblical expression, “A time of war and a time of peace,” haven’t you? What does that mean? Is it possible that the time of war is also the function of the calendar - and the time of peace might be the function of a new calendar, a calendar of peace and harmony?

That is already quite a lot to think about. So where did this idea come from, of stopping time by changing the calendar?

This idea, like all genuine ideas, came from the experience of a single human being. Oh, not that this human being was the only one who ever had the idea of changing the calendar. Many people have had that idea. And the calendar has been changed before. But the idea of stopping time by changing the calendar so that we may go from a time of war to a time of peace, and then get on with the second creation - that idea came from the dream and aspiration of a single human being - myself. Yes, and the idea that we, the people could do this, could stop the time and change the calendar, that idea, too, is the fruit of a vision held through my whole life. It is a dream that has finally ripened, a testament to the power of holding a vision, no matter where it leads you.

Trust your vision, make it whole. Hold it like the Navajo, his solemn desert shaman vision quest.

These poetic lines borrowed from the San Francisco Oracle, a beautiful but short lived 1960s era newspaper, adorned my wall for many years. They summed up my enduring pursuit of a vision I had when I was fourteen years old. It took a lot of struggle, and I experienced a lot of pain holding on to and nurturing this vision. Many people came to help me. Some without knowing it. Others shared and sacrificed their lives with me in order that I might realize my vision for the whole planet. For the idea of stopping time is not an easy one to fulfill. But now it is ready. It is for you to fulfill, for you

to bring it about so that you, too, can realize your deepest dreams - a creative life of peace and harmony.

A heroic time of positive construction and re-generation, lies in your hands and your lifetime. But it all depends on learning to **stop time and return to natural cycles.** So let me share my vision, the questions it aroused in me, and what it had to do with time.



03. The Vision

What was this vision that sustained me all of my life?

When I was 14 I had the opportunity to visit an ancient temple site in Mexico. High on top of an ancient pyramid I gazed around. And I wondered. How could this pyramid and ancient city have been built with such perfectly cosmic forms yet without any of the technology we have today? How different from today must the knowledge have been. It must truly have been a different time than the time in which we are now. How can time be different? What does time mean? What is the relation between time and knowledge? How does the time we are living in affect what we know?

If I could learn that ancient knowledge and bring it back to the world today, might it not be useful? The world of that ancient time with its cosmic forms seemed so - simple. And today, everything seems so - complicated.

Why is one time simple and another complicated? Don't you wish that things could be more simple? Does that mean going back in time? Can we ever go back in time? Can we turn back the clock? Or is there some other way to make life simple once again? And what is the clock that we are so ruled by it?

My dream, my vision my life quest was born of this questioning on top of that ancient pyramid.

Didn't you, too, ever wonder, perhaps when you looked at the stars at night, about who you are? What significance could you possibly have in such a vast universe? How did you, a child of the Universe, get here at this very moment in time? Why are you living in this time and not another time? What is your purpose and how does your purpose in life relate to time? How can time give you the meaning of your life?



04. What is time?

This book is the answer to my vision of so many years ago. I wrote this book to share with you the answer I found. You have come to this book because you want to know. You have felt a dissatisfaction with yourself, and with your time. You have been stressed. Or you have been bored. Both stress and boredom have to do with the nature of the time in which you are living. No matter what you do, it seems there is just not enough time to get something meaningful out of it. Did God really mean for time to be a treadmill with a periodic paycheck? Whose time are you living, and can you do anything about it?

I think you can do something about it. I have found a simple way that you can take back your power by taking back your time. It takes effort. But then, you didn't think you wouldn't have to do something if you wanted to - change - did you? Isn't time change? Doesn't time change things? How can I change time? Well, continue reading and I will continue reflecting with you.

What is Time?

Time is a river. You can't step into it twice.

Time is God's way of keeping everything from happening at once.

Time heals all wounds.

Time past is a memory. Time future is a dream. The only reality is here and now.

If there is only the here and now, then does that mean there is no time?

I've got time on my hands.

Let's kill some time.

I'm doing time.

Yes, there are so many popular expressions about time. But who really knows what time is? You cannot see, touch, taste, or feel time. But you can sense that it is happening. Or not happening. Sometimes time is slow, and sometimes time is fast. Whatever it is, we know there is something that is going on. Are we being pulled relentlessly toward our own end? And what is pulling us - is that time?

These are all what we call subjective experiences of time. The sense of time we feel inside of us.

Then there is the time of the day, the sun, the moon and the stars. And the time of the seasons, of the year. What does that have to do with the subjective experience we have of time? Of course, the more we live in the city the less we are aware of the rising and setting sun, the phases of the moon, the constellations in their rotation in the sky.

When was the last time you saw a sunrise? When was the last time you saw a sunset? The sun is something obvious, or so we think. Are you really aware of the fact that the sun does not really rise or set, but that it is the Earth that is rotating on its axis in relation to the sun that creates the effect of sunrise or sunset? What is the "year" actually?

And the moon. When was the last time you saw the moon rise? When was the last time you saw the full moon? Do you know where and what time to look for the new moon in the sky? Do you think the

phases of the moon affect you? Do you know how long it takes the moon to go around the Earth?

And the stars in the sky. Can you name any of them? Do you know where to find any of them? Do you know how to recognize the Big Dipper? Do you know where to find the star Arcturus? or Sirius? Do you know how to recognize the Pleiades? Or the planets - do you know where they might be in the sky?

If you have answered negative to any of these questions, do you think it matters or not if you experience the sun and the moon and the stars? Do you think living in an artificial environment where you have less and less connection with the sun, moon, and stars is good or bad for you?

The movement and patterns of sun, moon and stars all have to do with what we call natural time. Natural time is the time of nature, the solar system, the galaxy, the universe - the cosmos itself. Are there cosmic patterns of time, and if there are, how would we know them? If you have spent time in the wilderness have you noticed how the birds or animals are governed by the night and day, sunrise and sunset, as well as the changing seasons? And your body - do you consider that to be a part of nature, the way the birds and trees and animals are? Without having to think too much about it, it seems obvious that there is a difference between the time of the city and the time of nature. What is that difference?

Is it possible that there is artificial time and there is natural time? If you are an urban dweller, your time isn't governed by the sun, moon and stars. It is governed by a calendar and a clock. As long as you know what day of the week it is and what time it is, you don't really need to know when the sun sets or rises or what phase the moon is in.

Also, have you ever noticed that there is not an office or a school room that does not have a calendar and clock on the wall? Your computer has a clock. Your e-mail comes in with the month, day and time always printed on it. Wherever you go you cannot escape the

clock. It is everywhere. And very likely you might also be wearing a watch, while next to your bed and on the stove there are more clocks.

Absolutely all of modern civilization is dependent on the clock, while its days are counted by the twelve-month calendar on the wall. Or in your daily agenda book or “day timer.” Or the desktop appointment calendar. And if you fly, the airline magazines have an advertisement for a watch on virtually every other page. Are we obsessed with clock time? Why? How is clock time different from natural time? What effects does clock time and the daily calendar have on your mind and lifestyle?

Of course we are just talking about the common everyday experiences of time. If you pulled together a group of physicists, biologists and astronomers and asked them about time, they would get into a heated discussion that would have no end to it.

The biologists would talk about internal clocks and circadian rhythms.

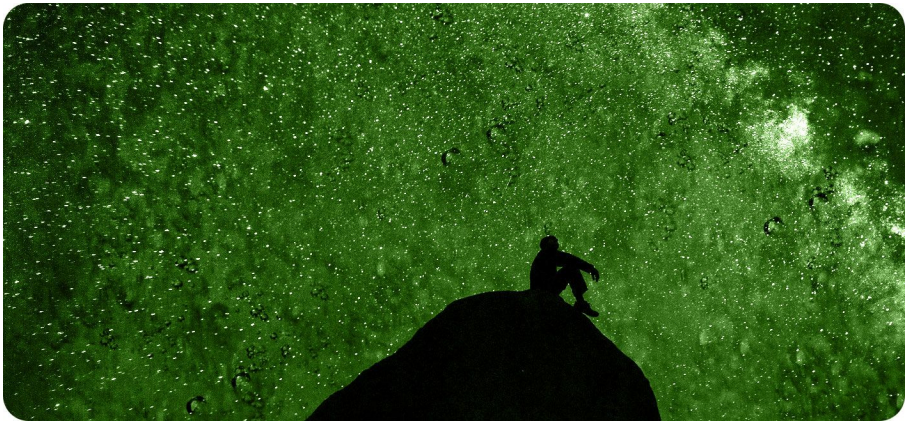
The physicists would talk about anything from the “arrow of time” to the idea that time is an illusion, a psychological prop, or merely the experience of duration. Some might mention the fourth dimension, and others ponder over the metrics of space and time.

The astronomers would talk about time in relation to the evolution of stars, and the quantum physicists would talk about particles that jump time. If a parapsychologist were there, he or she might discuss precognitive time.

One thing is certain. Among a group of such advanced researchers there would be little unanimity of opinion.

It may seem academic to consider all the definitions of time. What is important is your experience of time. And the fact that we are living in what most would agree is a very strange and difficult time. Why is that? Must we be consigned forever to such a difficult time? How do we get out of here? How do we make it to a new time?

Maybe time is more important to you than you had originally thought. Maybe time is a tool of consciousness that can help you overcome feelings of helplessness, boredom and stress. Maybe time is something you need to know about for your spiritual survival.



05. Time - It's a Spiritual Thing

“But, Mom, I need my own time.” How often have you heard your child make that declaration? And you, too. How many times have you said to yourself or someone else, “I need my own time.” Why is that, and what do you do when you have your own time?

The reason you want your own time is because there is too much of someone else's time in your face. You need to be alone - with your soul. That is what it really means when you say you need your own time. That is an interesting point. **To be alone with your soul should be the most important value in life.** You are born alone with your soul. And when you die, it is your soul alone that will go with you. Yet you must struggle or find the time to be alone with your soul. And if you are not alone with your soul - how will you ever figure it all out?

What does your soul think about time. Let's listen.

Hello, you! This is me, your soul talking to you. Oh, I know everyone has their own soul. And every soul is unique to the body it inherits,

and every body that is born is conditioned by the soul it inherits. But at essence, all souls are one. As your soul, what I am about is making sure you get to the journey's end in a happy frame of mind! Every soul has the same destination, so one soul actually can speak for all souls. It's only your ego that thinks your soul is different from everyone else's.

So listen up. **What your soul needs more than anything is time. Quality time.** That's an expression you use a lot. What does that mean, really? That there is no quality in the rest of your time?

You have to stop and look at that. So far in what we have been discussing there seems to be this dualism or polarity. Natural time, artificial time. Clock time and quality time.

Yes, quality time seems to be that time when you are not doing the things the clock wants you to do. All your soul wants is quality time. But what would you say if your soul says to you: look all I want is quality time! I thrive on quality time. And when you give me quality time it is usually very superficial because you are hemmed in by clock time. Would you think your soul is too demanding? But think. It is your soul and the quality of time you give it that determines what you get when you get to the end of the journey. Right?

So who is more demanding: Your soul who says to you give me all the quality time you can give me and I will give you quality experience like you can't imagine. Or is it you who is more demanding saying I need my time to make the money I need so I can get the time I need to give my soul what it needs.

Are we caught in some kind of trap, or treadmill? What are we here? To eke out little increments of quality time, while the rest of the time (hahaha!) our body is on the treadmill to what - a better paycheck? No, from your soul's point of view you have put your body and consequently your soul on the treadmill to nowhere. Why would you want to do a thing like that?

Of course you may say. I have no choice. It is what society demands. Then you are not free, right? Are you a slave? A slave of what or of

whom? Let me tell you something straight from your soul. Who owns your time owns your mind. Own your time and you will know your mind.

What I am trying to tell you, my friend, if you want me to be in good condition at journey's end, is that you had better pay attention to what I am telling you now. **You cannot ignore any longer this matter of time.** Do you hear me?

I am talking about your time. Your everyday waking consciousness time. It is the only time you have to get straight and real with me, your soul. To do this you must understand one really essential point: Time - it's a spiritual thing. Until you really understand what that means you may lose me, and in losing me you will lose yourself. I don't think you want to do that.

I know you might never have considered this before, that time is a spiritual thing. In fact, time is totally spiritual - that is why you cannot see, taste or touch it. You can only feel it. It registers in your heart and soul. It isn't like space which is a material thing. You can touch it, taste it, feel it. You can get addicted to it, too. That's what creates materialism. So naturally it is easy to develop a liking for the material plane. But it is so fleeting! Why? Because you don't totally understand how the material plane is ruled by time, and time is a spiritual thing.

Time is spirit's tool to fulfill a Higher Plan. So when you give into boredom or get stressed, you are actually denying the spiritual reality of time to benefit you! When you are "bored" and do not know what to do with your time, you are being blind to the fact that me, your soul, is screaming out to you. Talk to me. Don't be bored! Talk to your soul. It's soul time not boredom when you've got time on your hands.

I know what it is. You don't have spiritual coping skills. You don't really know how to meditate or pray. Or you have really underestimated the value of it. Meditation and prayer, now that is quality time.

Well, I don't want to beat you over the head. All I'm saying is you can't ignore this matter of time. The time you live. And the program of time that you are living by. You really have to examine that program. You have to really look at the meaning of the calendar and the clock and what they are doing to your mind, your body and your soul. If you don't look at these instruments that govern every day and every second of your life - if you don't begin to question what these tyrants of your time are doing to you - then you will not really get down to the nitty gritty of what's nagging me, your soul.



06. Time and Your Mind

Let's take a look at your mind. First, do you really think you can use something like a clock and it won't affect your mind? Or that calendar on your wall - do you really think it hasn't affected your mind?

Try to imagine a world without April or July 4, or December 25. You take these dates absolutely for granted, but do you know they exist nowhere else but in the mind -your mind? A tree doesn't know April or July 4. A rock could care less. If you go to Neptune, April won't mean a thing. Yet this is so deeply a part of your mind, and everybody else's mind that you can read in scientific magazines statements like, "On September 24, 75,000,000 BC in the Jurassic, a pterodactyl landed in a swamp only to be attacked by a killer tyrannosaurus..." Do you really think September 24 existed or was counted back then?

This is just to show you how insidious this calendar is and how it has become so much a part of our mind, that people actually think it is entrained in the universe. Yet most people don't even know that this calendar has only been around some 400 years. 2000 if you count its predecessor, the Julian. But do you know what 2000 years is to

the history of the Earth which is more than four billion years old?

You may think: so what?

Well, do you know what your mind is? Don't you think the care of your mind is kind of on a par with the care of your soul? Do you know how much stuff you put in your mind without ever questioning it? If you had a house and strangers kept coming in and flopping down all over the place, using the kitchen and not even caring whether you were there or not, how would you feel? Or would you just accept them, not asking where they came from?

Well, that is how it is with your mind when you just accept things without asking why. You are given information and blindly accept it. That is called dogma. And you think it doesn't matter. But it does. It is just like all those strangers that came into your living room, and once they are there they just won't leave. To get rid of them you have to make an effort. You have to shout and maybe even push them out the door.

Dogma is bad for your mind for two reasons. First of all, just being in your mind it takes up mental space, and keeps other fresh thoughts from happening. That piece of dogma could be like a stopper on the door, and you can no longer open that door to your mind. That accepted information is taking up valuable space - and you don't even know it.

And then there is the content of the dogma. It can be like a kind of mental poison. Whether you know if it is true or not, or maybe it is something totally arbitrary, still you take it for real, believing it to be true. And when something else comes along to question or upset it, you might even defend it, this piece of dogma.

Then, what if some of the information that you have accepted as second hand reality, what if some of that information is even erroneous? Yet you accept it like it is second nature. What do you think that will do to your mind? Don't you care about your mind?

What if someone gave you a ruler and it had uneven units of

measure on it. And even acknowledging these uneven units, their irregularity is still dismissed by saying, "It's OK, we've been using this ruler for centuries. It works OK. Don't worry about it. It's too late to change it." So then you make that ruler part of your mind, and you use it all the time. What kind of reality do you think you will create with such a ruler?

That is exactly the case with that calendar you use, the Gregorian calendar. You probably don't even know why it is called the Gregorian calendar. The point is that when you accept anything without questioning it and it becomes a bedrock reality for you, you are warping your mind. The concept of time that is enshrined in that calendar, not to mention the concept of time you think is ticking away on that clock, have a profound affect on the mind. Not just your mind but virtually the mind of every human being on the planet. What if these concepts of time are - wrong?

You mean the whole human race could be wrong or in error about something? That is a rather outlandish thought, isn't it? Well whether or not that is an outlandish thought, what if it is true? What kind of reality do you create when your mind is in error about something? You have certainly heard the adage, as a man thinks so he becomes. If a person uses a standard of measure that is crooked, won't that person also become crooked? And won't the world he or she creates also become crooked?

Say a person is trying to get somewhere, but he doesn't know that his compass is two degrees off. When he sets sail he will get anywhere but his destination, won't he? Yet, if someone on the ship tells the captain that his compass is two degrees off, the man in charge might well cry out, "Mutiny! You are having treasonous thoughts!" and then throw you in chains for your impudence. That is precisely how people who question dogma are often treated. And yet the ship continues sailing in error. Doesn't that seem troublesome to you? Think about it and examine your mind!

We know maybe you have thought about your mind or even done

some meditation practice. You may take these ideas I am sharing with you and as you sit, watching your mind, you may dissolve these ideas, and think. “That is just more thoughts. In the absolute reality, nothing is real, all thoughts are devoid of substance. So what does it matter?”

Then when you get up from your meditation cushion you look at your watch and realize you are “late” for your next appointment. Your heart races for a moment, forgetting you were just in a dispassionate state of mental nirvana. Who is running you - your mind or your watch?

I am just sharing these analogies and examples to make you realize how much your mind is controlled by the kind of time you live by. The line from the Bob Marley song says, “Emancipate yourselves from mental slavery. None but ourselves can free our mind. Have no fear for atomic energy. Because none of them can stop the time.”

If you think you are free but there is one dogma you haven’t examined much less eliminated, how can you say you are free? But if that dogma were pointed out to you and you still wanted to be even more free, wouldn’t you do something about it? Or would you be lazy, and say there is nothing I can do about it. But what if there is something you can do about it? What if emancipating yourself from mental slavery meant you had it within your power to stop the time, and maybe even stop the atomic energy? Wouldn’t you want that power?



07. Are You Killing Time or is Time Killing You?

You may be thinking, Oh that is too easy. Or that is too preposterous. Bob Marley was just an idealist, a dreamer. We can never “stop the time.” Perhaps you are not yet convinced that time affects your mind, and that there are different kinds of time - natural time and artificial time. Maybe your mind is still too saturated with platitudes about time - to the detriment of your mind and soul.

Well, we may have to push some more buttons. Have you ever suddenly found that you had time on your hands? The job got done early, or someone canceled an appointment. You look at your watch and think to yourself, “I’ve got time to kill.”

Stop right there. What do you mean, “You’ve got time to kill.” Do you really want to murder time? Oh, we know it is just an “expression of speech,” but still do we really understand what we are we are saying when we said that “I’ve got time to kill,” or “let’s kill some time?” Not only what do you mean when you say that, but what do you do when you kill time. Think about it. Do you have a drink? Do you play solitaire? Or go surf the internet?

Yes, we’re back to time being a spiritual thing. Generally when you

say you've got time to kill you really mean it. You are going to use that time to do anything but look at your soul. You usually mean you are going to find some way to divert your attention so you don't really have to look at yourself. Killing time is in the same category as "dead space."

Dead space is when you are on the air live and suddenly there is no filler, no ad or announcer or music - just dead space. That's one of the worst things that can happen in radio or television. But what is that dead space? A blank spot, just like the time that suddenly shows up as a blank with no filler. And you think you want to kill it!

Dead space and time to kill - why do they happen at all? All around that dead space is artificial programming. And where does that time to kill usually fall? Between a couple of otherwise programmed points in your daily schedule. And what are those programmed points? A visit with another client? An appointment with your stock broker? A visit to the doctor? Your insurance agent? Car to the garage? Why do you have an eight hour workday which you dutifully fulfill? Who are you anyway, really? Are you performing for yourself, or are you just a cog on a big gear wheel moving in tandem with a great many lesser and larger gear wheels, part of a large machine called - civilization?

I don't mean to be rude, but you sometimes have to think about these things. Especially if you've got a soul and you think you've also got a mind. Of course, everyone else seems to be in the same fix. But does that really excuse it or make it any easier? No. Not at all. It just means that you've got a lot of company, and as the saying goes, misery loves company, the more the merrier. Then you can all forget about it. Forget about what? Forget the gnawing feeling that you are just a cog in a machine NOT of your own making?

So really, you are killing time because you don't want to face the fact that time is killing you. Clock time and the irregular calendar, that is. Before you think I'm being too hard on you, remember. I'm just your soul talking to you, trying to get you to look just for a moment at

least at some things you may have brushed aside more than once. Remember what I told you earlier? You cannot ignore any longer this matter of time. If you are feeling uncomfortable about all this that just might be a really good sign that we are getting close to the truth.

In fact, time is all you have to work or play with. It is your medium of creation. But how come you find so little of your own time? And when you do, you want to kill it? All I'm trying to point out to you is that you do not own your own time. It doesn't matter if no one else you know doesn't own their own time either. Why do you suppose that is? And what does it mean? And is there some relation between that fact that you don't own your own time and your feeling of powerlessness in the face of what is actually happening in the world today?

So you don't have the opportunity every day of really getting a look at your time or the time of your life as it really is. So take the opportunity now. Who knows when it will come again?

OK. Let's look at your life. Like most people in the society to whom this book is really addressed, your life is a set pattern. The basis of this pattern is a little seven day deal called a week. And this week is the same pattern for everyone - more or less. It's got five days for work, and then something called a week end before it repeats itself again. Where did this come from? How long has this been going on? Before we answer these questions let's just look at what it is.

"Blue Monday, how I hate blue Monday," is how the old Fats Domino song began. Why is that? Because, of course, that is the first day of the five day work week. Fats Domino must have had some clue about time killing us, otherwise it wouldn't have to be blue Monday. So Monday through Friday, for most employed people, as well as schools and public and government institutions, is the work week. Then comes Saturday and Sunday, the week end.

The work week is ruled by the clock, which why it is also referred to as 9 to 5. So Saturday and Sunday should be soul time. But is it? Well a little bit. There is Sunday church, maybe an hour or so for the

soul. Or maybe Saturday synagogue. But what is it really about, these weekends? It's about killing more time. It's sports and entertainment. It's football, and basketball and baseball. Big time. If you are in the rest of the world it's soccer. Very big time. If it weren't for television, this stuff wouldn't be so big. But it all goes hand in hand. Television, the week end, and big time sports. It is all a part of the same thing.

I know, maybe you don't do that . Maybe you do something else. You go skiing or windsurfing. Maybe you go to the movies. Or you go dancing, or maybe gambling down at the casino. Or you watch the Discovery channel. Or you take a self-help workshop. It doesn't matter, because, then it is going to be Monday again and the whole sequence repeats.

The point is your whole show, the time of your life, does reduce down to this weekly pattern. And it is killing you. You are putting your soul in a seven-day straitjacket. When the soul suffocates you only get more bored and need more distractions. Do you see what's going on? You are hardly even alive. Because it's your soul that really lives, and if you are not giving your soul the time it needs, then time is killing you. That means the time of the calendar and the clock that is embedded in your mind. But you are now becoming aware of it. That is a great first step. You can now say "I admit that I was powerless over the time I have blindly accepted all of my life. "

Congratulations! That is the first step to empowerment in time

So we don't have to remain helpless about this. We can do something about it - now.



08. Beginning the Path of the New Time

In any honest facing up to what is really going on in your world, you have to first start with yourself. Changing your attitude is the first step to changing your world. Become the change you want to see.

We talked already about quality time. Real quality time is soul time. How do you get down with your soul? First of all you just have to make space for it. You have to say, no! I'm not going to turn on the television. For the next hour or so, I'm going to get down with my soul. I am going to give my soul some real quality time.

To do this you've got to go to a quiet corner, and just sit there. Look at the wall if you have to. Do you see how your mind is racing along, almost in a panic? Look at all those thoughts. Who is thinking them? What are they trying to do? They are trying to keep you from being absolutely at peace with your own soul! To listen to what your soul has to say, you have to have a quiet mind. How are you going to do that?

Well, first of all sit up straight and take a deep breath. As you exhale, say to yourself that you are exhaling all those distracting thoughts that are keeping you from hearing your soul talk to you. All you really want is to hear what your soul has to say to you. It may take you

awhile but if you keep exhaling all those busy thoughts when they come up, it will happen.

You can also pray to God, if that is to your taste. Say: “Dear God! I need to get down with my soul. I need to hear what my soul has to say to me. Lord, give me peace of mind so that my soul can tell me what it wants to do with its time.”

What you want to do once you are experiencing a little quiet in your mind is to allow your soul to tell you about time. Your time. And about opening a path in pursuit of the knowledge of time. If you began this experience with acknowledgment of your powerlessness over the time you had blindly accepted, you want a path to knowledge about real time, soul time, natural time.

What does your soul have to say about that? Remember, this is all about stopping time, and the first place to stop it is in yourself. Stopping the old time, that is. That means stopping all the old programs that are running you by the clock and the calendar that you never really understood.

That’s why you have to slow down. You might ask yourself, then: Why is my mind going so fast? Where am I going if I am already here? Does my racing mind also have to do with the time? Why do I always feel so rushed, like I don’t ever have enough time?

Yes, that’s it. Let’s get down to some real soul searching and fearless honesty. How can you feel you don’t have enough time? Enough time for what? If time is all you really have and you don’t have enough of it, what is going on?

Well that gets us back to this essential point. Whose time are you on? And if you are not alone, and everybody is on the same time, and yet it is unsatisfactory for most everybody, maybe you should learn a little bit more about what is going on. Maybe you should write a few things down, ask yourself a few questions and see if you can answer them.

Questions for people who admit they are powerless over the time

they are living in.

1. When did I first learn about the calendar
2. What was I taught about it?
3. Do I know why it is called the Gregorian calendar?
4. When did I first learn about the clock?
5. What was I taught about it?
6. Do I know what phase the moon is in?
7. When was the last time I saw a full moon?
8. When was the last time I saw a sunrise?
9. When was the last time I saw a sunset?
10. How many stars can I recognize in the night sky?
11. What are the equinoxes and when do they happen?
12. What are the solstices and when do they happen?

Don't be afraid of your ignorance. How could you learn anything new if you weren't ignorant about something? By taking the time to answer these questions you have placed yourself on a path. This is the path of the pursuit of the knowledge of time. Probably by the answers to these question you learned how little you know. You also learned what ignorance acceptance of a dogma can keep you in. And you can consider, why should I be so ignorant about time anyway? Who benefits from that?

Now here is the bonus question:

13. What is the relation between time and money and the fact that I have so little time?

Now if you really want to be enlightened and free, you are going to want to do something about your powerlessness. An honest assessment of your ignorance is the beginning. Now we can begin to construct a path in pursuit of the knowledge of time. And we can initiate a program to enhance your sensitivity to real time, natural

time, the time of the cosmos. After all don't you want to be connected again to the cosmos? You don't have to go up in a space shuttle to do that. You can do it by being in the flow of natural time.

But to be in the flow of natural time you have to be willing to admit that the time you are living in might be all wrong. This admission is first step to taking back your power.

Remember, knowledge is power. This book is all about your empowerment regarding time. If you really want to make a difference on the world, and really want to make the world different, the path of the pursuit of the knowledge of time will put in your hands the power to do just that. In fact , if you want to, you can become a co- creator of time, the new time. You and many others like you empowered about time could make all the difference in the world and make a different world

This book will give you some step-by-step beginning pointers for pursuing your path of the knowledge of time. But your sensitivity to natural time program you will have to undertake on your own.

For your sensitivity to natural time program, you should find out :

When the next full moon might be. See if you can spot it rising.

Where might be a good place to view the sunrise. Go there and really experience it.

Where might be a good place to view the sunset. Go there and really experience it.

Where the new moon might next appear and at what time of the day.

All right! You have now embarked on a path of power which is the knowledge of time. And you are launching your natural time sensitivity program. Let's keep the ball rolling. By making you a more informed and better person, your empowerment about time is going to make a better world.



09. From Time is Money to Time is Art

OK. Now we are going to deal with the hardest part. We are going to go right inside the belief system that says there is quality time as distinct from - time is money. We are going to deal with that bonus question: What is the relation between time and money and the fact that I have so little time?

Time is money. We have all heard that saying many times. Who said it first? Was it Ben Franklin, who also said, “A penny saved is a penny earned?” That phrase seems to be the basis of savings banks. And where did the idea of interest come from and how is that related to time is money? Who first came up with the idea that if you didn’t pay back by a certain time, that the amount you owed would increase?

These ideas seem to be so ingrained in the culture that they are hardly ever given a second thought. More dogma to the mind and soul. And remember we are on a track to liberation - free of all dogma! So let us check it out.

Yes. What does that really mean, time is money?

What that means is this: the value of anything and any person is equal to the time it takes to make it or to get something out of it.

You have to really think about that one. Does that mean that

something is of value only if you can make money off it? Or that the value of something is somehow gauged by how much money it is worth? Or take yourself. You are worth what your paycheck tells you you have earned. Is that all you are worth? What is that paycheck? It is the return in money for the time you have spent on a particular labor. You are worth so many dollars an hour, a week, a month, a quarter, a year. And then you are taxed if you are worth too much.

Nine-to-five means that is the clock time when you exchange yourself for the equivalent in money, usually five days of the week. But there is a catch here. The equivalent in money for two people doing nine to five can be radically different. A kitchen help at McDonalds is going to make less than a stock broker for the same amount of time. So we see how value increases not only with amount of education, but what kind of education. A stockbroker makes more than a college professor.

No matter how hard we try, when we are dealing with money we cannot escape issues of education and inequality. The highest value in the society is to make as much money as you can. Someone who becomes a billionaire fast is going to be top news. That is because he converted a minimum amount of time into a maximum amount of money. In the world of time is money, that is considered a marvel. What do you think the birds think of that? They might think, what is the point of that.? You can't eat money, can you?

Of course the whole purpose of receiving money in exchange for your time is that you can't get anything without money.

Think about this: You pay to be born, you pay to live, and you pay to die.

In other words, every last second of your time and everybody else's is prorated according to its value in money. Why is it that we humans have to pay money for merely being alive? Do dolphins pay to be born? Do frogs pay to eat? Do monkeys pay to die? What other species has the concept "cost of living?" Where did this idea come from?

Can you really separate money from time? Separating money from time in the prevailing belief system is like trying to think about time without the twelve-month calendar.

But as your soul, I've got to tell you this: Money has got nothing to do with time, not real time. You can't put a monetary value on your soul. And if you do, well it's only to sell it to the devil! Is that what you are doing by looking for the highest paying job - are you selling me, your soul, to the devil? I know it makes you uncomfortable to think about that, but just think of all the compromises you have made in your life, just for money.

If quality time means time when you are not making money, you might begin to see why it is so hard to find quality time. Money so dominates your life, that most of your time is spent making money, going out and buying things with your money, taking care of the things your money has bought (which always takes more money), or finding some escape from the tensions that making money create in your body and mind, which also costs money.

And have you also noticed that time seems to be speeding up? Which time is speeding up? Not the frog's time, the human time and its machines. It's the machines that are speeding up, that create the effect of time speeding up. And the machines are where the money is. So as the machines get faster, the more money there is to be made, the faster your time becomes in the round of life created by time is money, and the more things it seems you need to do just to keep up with the money. That is why you feel you don't have enough time. Ironical? Paradoxical? You tell me. I'm just your soul thinking for you.

When machines were first introduced to human society, they were described as timesaving devices. Are machines a function of artificial time? Think about it. The clock was the first machine. Take away the clock and the entire artificial society would fall apart.

Yes, the human time is speeding up. How fast can it go before it crashes? Yes, time is money. The faster the machine, the faster the

money. The faster the time. Have you noticed that when you go too fast you seem to forget important little details?

There could be something tragically wrong with this whole picture. Is this really the only way for the human race today? Is this the way of life that we are fighting to defend?

What if time really isn't money? What if time is art? If time is money results in speed and material quantity, time is art results in - quality. Imagine a world in which quality time is more important than time is money. Imagine a world in which time is money is considered to be an illusion. Can you? If time is killing us and the time that is killing us is the time is money time, and if this time is inseparable from the old calendar - can we make a change? Could a new calendar assure that time is art might be the predominant value?



10. Calendar is a Program

What is a calendar, really? Calendar is derived from a Latin word that means “account book.” The first day of every month in the Julian calendar, the predecessor to the Gregorian, was called “calends.” It was on the calends that you paid your debts and bills. Sound familiar? Gets us back to the theme of time is money. No wonder time is money is ingrained into our consciousness and culture. And that seems to be the main purpose of the calendar we use. To keep track of our accounts, pay our bills, and set up our appointments.

We might not think about it this way, but the calendar we use programs us to use it the way we do. But are all calendars like this one, nothing more than an arbitrary program to take care of business? What about the sun, the moon and the stars?

OK. Let’s keep this one point in mind. A calendar is a programming device. It programs the culture, the people, the society that uses it. It creates a feedback loop between the mind of the user and its program. The nature of the calendar determines the nature of the society.

The Gregorian calendar is arbitrary and irregular. You would hardly ever think about any natural factors by using this calendar. January 1

doesn't correspond to any solstice or equinox or anything natural at all. With a program like that, of course you wouldn't think of the seasons or the moon when you use this calendar. It is almost as if this calendar is meant to keep you out of phase with nature.

What should a calendar do, you might ask? A calendar should be an instrument of measure that somehow puts you and your planet in a harmonic relation to the moon, the sun, and maybe even the stars in the galaxy.

The Gregorian calendar pretends to be a measure of the Earth's solar orbit. That is actually what is meant by a year - the time it takes the earth to go around the sun once. The Gregorian calendar does have a measure of 365 days, the number of days in that orbit. But its units of measure, the months, do not correspond to each other. They are not really a standard of measure. Nor do the sub-units of measure, the seven day week, correspond to the months. Months and weeks rarely synchronize but run in a haphazard manner in relation to each other.

Many people say: what difference does that make? It is easy to overlook an unequal or irregular measure in time because we can't touch or see time. But would we overlook such an uneven standard in a yardstick or ruler? And if we were to go ahead and try to make or build things with an uneven ruler, wouldn't they come out crooked or sloppy? Maybe after awhile we would say. "Oh that's all right we've lowered our standard to accommodate these sloppy constructions. You'll get used to it. We've always done it this way." But would you really settle for substandard measures of objects and forms in space?

Yet we put up with substandard and uneven measures in time. Thinking it doesn't matter may already be an effect of accepting so long the uneven measure. If space affects our senses, time affects our mind. Therefore the effects of a crooked time on the mind may be far more subtle, yet far worse than the effects of a crooked space on the senses. We could all develop a crooked mind without even

knowing it.

Wouldn't a crooked mind see the world in a crooked way and create problems for itself without knowing it? Not only that, but we would then think all of our problems come from some place outside of ourselves. We would always be looking for the problems out there someplace.

But never going to the root we would never have any real solutions either. No matter how many laws we would make trying to control the problem, these laws would still never deal with the problem at the root. This is because a crooked mind is making these problems, and the crooked mind is a function of the crooked calendar. But that calendar is dogma, and so everybody says so what? Isn't that one of those "catch-22" situations?

Now that is just looking at the effects of the calendar as an uneven standard of measure. It would predispose the mind to accept crookedness in everyday life.

No matter what the units of measure might be - a lunar calendar has alternating months of 29 and 30 days, for instance - a calendar is also a programming device. It is like a phonograph record of the mind that plays in year long sequences. What do we mean by that?

For instance on the Gregorian phonograph record. January 1 is part of the program. What plays on January 1? Well in this country a lot of football "bowl games." Then at the end of January sometime, you never know exactly when, it is the Super Bowl. February programs you for Valentine's day and President's day. July for July 4. October for Halloween. December for Christmas and New Year's eve. And so on. Now September 11 - 9-11 - is part of the program, too.

These are just some of the more obvious examples of how that phonograph record plays during one spin - a year. Every time one of those dates draws close, whole segments' of the population respond in pre-established ways. There are a lot more programs the calendar plays. The beginnings and endings of wars. Veteran's day. Memorial day. April fools. Tax day. Labor day. The memories of all of

these events are accumulated according to the dates in which they occur. Then everyone has personal dates that trigger their emotions and memories, too. Like the day you were born. Or the day your son died. Or when you got married.

Do you notice how some of those big moments are fixed - like December 25 - and others are moveable - like Easter? Why is that? Is there any rhyme or reason to that, or is it just like the calendar, arbitrary and irregular?

You think you have no control over it, but maybe you do.

Just imagine a world without April, June and November - can you?

If you can, then there is something you can do about the time. You can change it by changing the calendar. If you change the calendar, you will actually change the program of the collective mind. Isn't that power?



11. Time of War, Time of Peace

OK. The skeptic in you is still alive and well. You can hear him asking: So we've got a crooked calendar and it programs the mind. Do you really mean to tell me that you can change the time by replacing it with another calendar? Do you really mean to tell me that the politicians will just roll over, and the bankers will just cash in their chips and pick up paint brushes and the wars will all stop?

Happily, the answer is, Yes! Sooner than later. Once the calendar is changed, that is exactly what will happen. Because you've got to understand: The present day calendar is programmed for disharmony and war. It carries in its program "the time of war." Change the calendar and you can change that program. How is that?

Remember what we said about a calendar programming the society that uses it. And also how a calendar carries the programs it plays on its users. Think of who created this calendar, why, and how long it has been in use. Come on. We need a little history lesson now.

You have to realize this phonograph record that is playing our collective mind has been playing for over 2000 years. That's a lot of memory storage and retrieval isn't it? So who actually invented this April, June, and November calendar? Would you believe, it was

Julius Caesar!

Yes, before it was known as the Gregorian calendar, it was called the Julian - after Julius himself. Turns out the Romans had a very faulty calendar of only ten months. And Julius, wanting a way to make a permanent change from republic to empire, with himself as the first emperor, decided to change the calendar. So to make the change during the year 46-45 BC, Julius had to have a year 445 days long. Understandably that was known as the “year of confusion.” Julius didn’t live beyond the “ides of March” of the year 45 BC when he was assassinated for what he had done.

But the empire prevailed. Julius was followed by Augustus Caesar who made a further change in the calendar. He saw that Julius had changed the name of the month “Quintilius” to Julius (July), so Augustus changed the next month “Sextilius” to Augustus (August). Not only that, Sextilius only had 30 days, while Julius had 31 days. Augustus wanted to make his renamed month, August, as long as Julius’ month. So what did he do? He took the 29th day off of February, already the shortest month, and added it to his month. That is why August, like July has 31 days, and February only 28.

So that is how the calendar began. Despotism, imperial pretensions and confusion. The Christians began using the Julian calendar around 321 AD, when they added the seven day week to it. The seven day week was borrowed from the Hebrew lunar calendar. The Jews borrowed the seven day week from the Babylonians. The seven day week never correlates perfectly any of the months except when February 1 might fall on a Sunday, then there will be four perfect seven day weeks in one month.

The Roman Church, as the Christian church operating out of the Vatican used to be called, used the Julian calendar since then. So did the Eastern Orthodox church, both Greek and Russian. So now besides the bloody history of the Roman Empire, the calendar took on the programming of the history of the Christian church. There is at least one saint for every day of the calendar year. The history of

the Crusades is also programmed into this calendar.

Then something happened. The Christians set sail westward and “discovered” the New World. In a place called Yucatan, they discovered another people, the Maya. These Mayans also had a calendar, “a heathen” device that was more accurate than the Julian calendar! The Christians learned from the Mayan calendar, that their calendar was ten days off! What to do? The Christians burned all of the Mayan books in 1562.

Interestingly enough, ten years later in 1572, there was a new pope. He named himself Gregory XIII and declared that his first act as pope would be to correct the Julian calendar. Ten years later, 1582. Pope Gregory XIII had achieved his aim. If you went to bed on the evening of October 5, 1582, when you woke up it was October 16 - and not October 6. Pope Gregory XIII had made up for this ten days, and the Julian calendar was now known as the Gregorian.

By the beginning of the 20th century, this calendar had become the world standard. Not that anyone had voted for it to be so. But it was because European imperialism so dominated the world for over three centuries that this calendar was accepted as the world standard.

By the early 20th century (note: “century,” one hundred years, is also a concept of this calendar) the biggest war in history broke out - World War I. A lot of people don’t know that the Crusades really ended with that War when the Islamic Ottoman empire was broken up. Of course war had been happening all the time since 1582 in one way, shape, place or another. But the First World War was the first really mechanized war.

Then hardly 20 years later and there was World War II. That War ended in 1945 with the atomic bomb. Since then there has been a war some place or another nonstop. Today all we know is war. Big time. And what is this present war being fought about? Someone that nobody likes? Oil? And isn’t it interesting that it is taking place where civilization began? What have we learned?

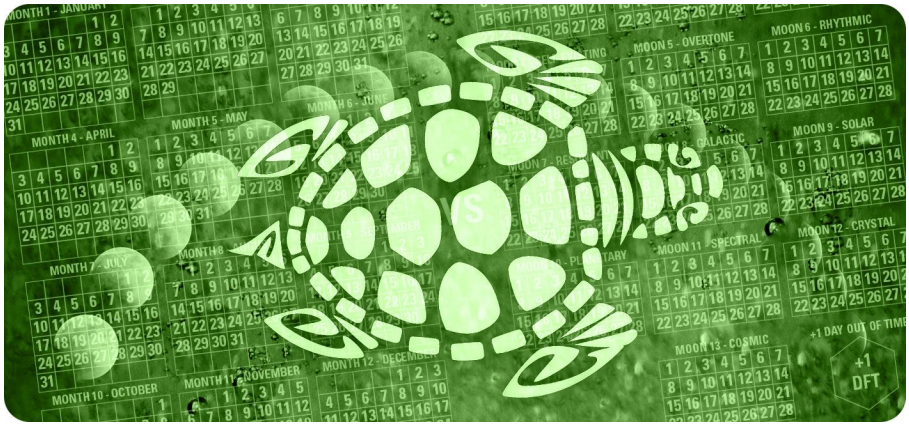
The last century was known as the century of total war. Now we have a new millennium. Will this be the millennium of total war? Millennium, like century is also a word that goes with this calendar that programs us. Millennium, that's a thousand years. What did we learn in the last thousand years, besides how to kill better and make our environment ugly? What will we do in the next thousand? What makes us so sure we'll make it another ten years? At the rate we are going today, something had better change fast.

Maybe you don't have to think in terms of thousands of years. Maybe just thinking in cycles of 28 years will help you get the picture.

Did you know that the Gregorian calendar repeats its program precisely every 28 years? In any 28 year slice, there will always be exactly seven leap days/years. That means there are large 28 year Gregorian recordings that are playing beneath the surface of events. A significant determining point will be a good place to begin to look at these 28 year cycles and see how they are programming us. What is a significant determining point? How about the atomic bomb in 1945? Didn't that change everything? It most certainly did. Or how about the 9-11 in 2001?

So let's count in 28 year cycles after 1945 and see what happens. First 28 years, 1973 - now here's something: April 4, 1973, the Twin Towers of the World Trade Center in New York City were dedicated. 28 years later? 2001. 9-11. No more Twin Towers. Twin events like Hiroshima and Nagasaki, two 28 year cycles earlier. How about 28 years before 1945? 1917. America enters World War I. 1945, America ends World War II. Are we, after the 9-11, starting World War III? 28 years before 1917, 1889. Hmm. The Eiffel Tower, world's tallest structure in its time, three 28 year cycles before the Twin Towers. Do you see how the calendar repeats its programs? Do you really want another 28 years of this program? Maybe we do need a fundamental change. Maybe stopping time to change the calendar could be a great opportunity after all. To start over again in a time of peace. The

choice is yours.



12. Change the Calendar, Change the Time, Change Your Mind

So your soul has got you thinking, fortified with a few facts and pieces of logic. Here we are, at last. The power is in your hands. The key to any time is in the calendar that calls the time. When you understand that everything about the time in which you are living is programmed by the calendar that governs the time, then you can do something about it!

If you can change the calendar you can change your mind -and the mind of the world! You can make a permanent change. You can actually change the time. Think of it as installing a new software program - while deleting the old one. We can do it with our computers. Why can't we do it with calendars and our mind?

Once again: Imagine a world with no April, June and November - imagine it if you can. And then imagine a world where every month has exactly 28 days, every day of the week of every month is the same. Every month is exactly the same as every other month. And the year has thirteen of these perfect months. Four perfect weeks

every month, 52 perfect weeks a year. A harmony of time.

AND every year there is a day out of time - no day of the month or week at all. Imagine this if you can. Because of that day out of time, every month of every year is the same every year - year after year. That is what is meant by a perpetual calendar.

Well, if you can imagine that, then you have already changed your mind. And if you can change your mind you can change the time. Let's take a look at this new software program.

Simple math. What is the best way to divide 365 so it corresponds to the female menstrual cycle or moon? $365 \div 28 = 13 \text{ (X } 28) = 364 + 1 = 7 \times 52 = 364 + 1 = 365$. That + 1 is the Day out of time. No day of the week or month at all!

Imagine this monthly calendar thirteen times each year. Every month and every day of the week the same. It could eliminate a lot of problems. Thirteen perfect months. 52 perfect weeks. Never any extra days making weeks and months all scraggly. Absolute harmony. No confusion. Streamlined, even. It could simplify the way we do things, but radically!

If you want this, you have to stop time! Stopping time is the most powerful way we can change our world. There are hundreds of thousands of people who have already pioneered in using this calendar in every part of the world. Now the time has come for YOU to do your part! **You can start living on this calendar right now.** The sooner you, your family and your neighbors start living according to this calendar, the easier it will be to make the change. Get your children to take it to school and show to their teachers.

You might be wondering a few things right now. Like, why July 26? And why is this year called *Blue Spectral Storm* (2016-2017).

July 26 is the "New Year's Day" of the Thirteen Moon/28 day calendar. It happens on that day because that is when the great star Sirius rises with the sun. You see, this calendar is not only a perfect measure of the Earth's orbit around the sun, using the lunar measure

of 28 days. It is also a galactic timing standard because its starting point is based on a star - Sirius - outside of our solar system, and out there in the galaxy!

If the new year begins on what corresponds to July 26, old time, then the Day Out of Time is what corresponds to July 25, old time.

In order to tell the years apart, the starting date of every year has one of four symbols and four colors: **Yellow Seed, Red Moon, White Wizard** and **Blue Storm**. So the years follow a four-year sequence called a Seed -Storm year bundle.

Then in order to create a perfect 52 year cycle, the four color symbols are rotated with thirteen numbers. Four symbols x thirteen numbers = 52 years. That is, like the thirteen perfect moons with four perfect weeks each moon which make 52 perfect weeks a year. More harmony in time!

The thirteen numbers, called **tones**, each have a different quality. The tones themselves create a kind of shorthand code of cosmic creation. The thirteen tones also give the thirteen moons their names, too. The first moon is the Magnetic moon, etc.:

Tone 1 = Magnetic tone.

Tone 2 = Lunar tone.

Tone 3 = Electric tone.

Tone 4 = Self-existing tone.

Tone 5 = Overtone tone.

Tone 6 = Rhythmic tone.

Tone 7 = Resonant tone.

Tone 8 = Galactic tone.

Tone 9 = Solar tone.

Tone 10 = Planetary tone.

Tone 11 = Spectral tone.

Tone 12 = Crystal tone.

Tone 13 = Cosmic tone.

So if this year is **Blue Spectral** (tone 11) **Storm**, then following year will be **Yellow Crystal** (tone 12) **Seed**. Can you guess what the year after that will be?

OK. If you have gotten this far, you have entered the new time. Congratulations!

If that is all that it took you to change your mind, why should it take the world any longer? Do you see what a peaceful, easy revolution this can be?



13. Time is Now

The Time is now to change time!

Look around at your world today. Do you think we can just wait to make a fundamental change? No. Things are really pretty drastic right now. We've got to find a way to stop all of that war time business before it is too late. Stopping time is the only way we can bring it to a halt.

The Movement to do this is already well underway. All that is needed is the mass will to change and the development of a campaign to bring everybody's attention to the table.

Once everybody who really wants peace, who really wants a better environment, who really want to see a change to a more spiritual and less materialistic life - once they all hear about the calendar change, they'll all want to jump on the bandwagon. And don't you think that includes a lot of the seven billion humans alive today? Imagine them all understanding that to change the calendar is an unprecedented opportunity to stop time and begin a new dialogue about our human future. It can be done!

As a species, we humans form an interdependent link within a larger, living whole, the **biosphere** of Planet Earth. When we use a

biologically accurate calendar it places us in harmony again with the biosphere and larger cycles of nature.

The Thirteen Moon/28-day calendar is a natural harmonic timing device. Thirteen 28-day female biological cycles a year is a sure way to put the human race back in the universal cycles of nature.

By changing the calendar the human mind is redirected into a path of harmony with nature. The effect is at first very subtle, but after one year establishes an inner harmony and after two years induces a telepathic field. These effects are both restorative, offsetting the lifestyle of the machine, and cumulative in proportion to the collective numbers following the new calendar of 13 Moons.

To sign and support an open petition for Calendar Referendum 2020 and Declaration of Universal World Peace, and to ensure that humanity adopts and implements the 13-Moon, 28-Day Calendar as a new Harmonic Standard by 2020, please go to:

<http://www.change.org/p/un-secretary-general-calendar-referendum-2020-declaration-of-universal-world-peace/>



14. The New Time Management

Changing the calendar is the opportunity to call a universal cease fire to observe the change - from a time of war to a time of peace. And we will have to see UNESCO and other public and private agencies, religious and environmental organizations getting together to plan out the new priorities for the human race. Imagine Whole Earth brigades being sent out to reforest and clean up toxic waste! And weapons inspections teams going everywhere to begin the demilitarization of planet Earth.

And all the other calendars what about them?

The only calendar that is being changed is the Gregorian. That is the current standard and it is being replaced by a new world standard, Thirteen Moons/28-days. The change is from chaos to harmony, from war to peace.

All the other calendars - the Islamic, Hebrew and Chinese lunar calendars, for instance - will be kept just as they are. Except now they will be synchronized to the new harmonic standard.

But for you, in the mainstream culture of America and the Industrialized “First World,” the Thirteen Moon 28-day standard will be your new everyday calendar. And you will have to get used to it,

so memorize it, and learn how to manage your life in the New Time. Here is the most basic thing you will have to learn - the new months and where they are in relation to the old time.

13 Moons and Gregorian Dates

Moon one = Magnetic Bat Moon (July 26 - August 22)

Moon two = Lunar Scorpion Moon (August 23 - September 19)

Moon three = Electric Deer Moon (September 20 - October 17)

Moon four = Self-existing Owl Moon (October 18 - November 14)

Moon five = Overtone Peacock Moon (November 15 - December 12)

Moon six = Rhythmic Lizard Moon (December 13 - January 9)

Moon seven = Resonant Monkey Moon (January 10 - February 6)

Moon eight = Galactic Hawk Moon (February 7 - March 6)

Moon nine = Solar Jaguar Moon (March 7 - April 3)

Moon ten = Planetary Dog Moon (April 4 - May 1)

Moon eleven = Spectral Serpent Moon (May 2 - May 29)

Moon twelve = Crystal Rabbit Moon (May 30 - June 26)

Moon thirteen = Cosmic Turtle Moon (June 27 - July 24)

Day out of Time (July 25)

In the New Time your time management is easy: four perfect weeks, four perfect weekends every moon. Every moon begins on a Sunday and ends on a Saturday. Every year does too. This regularity will affect your being in a profound way.

The core of your being will relax in a great ease and comfort knowing that there is an utter regularity and harmony to time. This will help change your inner values to naturally be in accord with a change in the outer values. These outer values will shift increasingly in the direction of “time is art.” Quality time will be the premium value. That means soul time, time to be creative with your spiritual power!



15. Synchronicity and Time

What is going to be most remarkable in the New Time is the increase in synchronicity.

You probably need to get a better handle on that. What is synchronicity and why is that going to help me in the New Time?

Synchronicity is the quality or fact of being synchronous, that is, happening at the same time. Synchronicity is the coincidental occurrence of events, especially psychic events that seem related but not explained by cause and effect. Cause and effect is linear time. Synchronicity is nonlinear. That means that there are explanations for events other than cause and effect.

What makes it eerie is that synchronicity coincides with what is in your mind. You think of someone. The phone rings, and it's that someone you were just thinking about. So there is something about synchronicity that connects events in the world with events in your mind.

What connects your mind event with the event out there is time. But this is a different kind of time. It is not linear time. It is synchronic time. Synchronic time is the time of things always happening at the same time. And things are always happening at the same time. You

just don't notice it, or your mind isn't connecting with it, except at rare moments. Why is that? What is going on?

Any moment in time is the same moment throughout the universe.

Time is instantaneously unifying. Even though it is midnight on the other side of the world, the whole Earth is still experiencing the same moment of universal synchronic time. A man dreaming on the other side of the world could appear in your mind at the same moment he is dreaming about you. Synchronic time means that Synchronicity is the norm and not the exception. From the synchronic time point of view, mechanistic linear time is the exception.

Not only is synchronicity the actual nature of the universe, but the whole universe is just one big Synchronicity. Your soul thrives on Synchronicity. Why is that? Because Synchronicity is the natural condition of your soul. Your soul is always connecting events. Your soul is always seeing the interconnected meaning of events.

Sometimes your soul tries to communicate to you some important meanings. These are intuitions. Hunches. The little still voice within. How often do you really listen to these inner promptings?

Again it brings us back to this point of artificial time. As long as your life is governed by clock time and running on that irregular calendar program, just that in itself blocks synchronicity. You think something will happen, because it is nine o'clock and that's when something is supposed to begin. Well maybe it does. But somehow you don't feel anything. Your soul isn't there, that's why. Nine o'clock just may not be soul time for your soul. On top of it, you may not be honest with yourself about what is happening at nine o'clock. Maybe you really would rather be someplace else, but you won't admit it. So we further the big lie about time - that it doesn't matter!.

The point is you are basing your life and decisions on something other than soul time, and so you can't hear or be in touch with your soul. From your soul's point of view you are becoming insensitive. If you were sensitive, your eyes and mind would be opening to the

synchronicity happening all around you!

To be in touch with real time, the time of your soul, the time of synchronicity, is to experience a liberation of energy. What kind of energy? Inner creative energy is released because you are seeing flashes of the way it really is. Anytime you see the truth or experience the way things really are you get an inner rush. This is the happy release of energy that accompanies any discovery of the truth. Can you imagine feeling the thrill of every moment releasing this energy in you all the time? What will you do with that energy?

Maybe what is referred to as the *Second Creation* depends precisely on your releasing the energy of synchronicity. Yes, the Second Creation - isn't that what a new time might be all about? For time that connects you with synchronicity will put you in touch with all of your long dormant psychic powers. Synchronicity is just the tip of the iceberg. Behind that is telepathy, precognition, telekinesis - and who knows what other powers fallen asleep because of your being enslaved to artificial time, powers that could help bring on the New Creation!

You see, in the New Time telepathy could become the basis of an entirely new technology and way of life. The way of life of Heaven on Earth. Isn't that what you want? Your soul sure wants it!



16. Understanding the Law of Time

OK. So we've gone a long way from thinking that time is what is ticked away by the clock. And that real time may have nothing to do with April, June and November. That is just a state of mind, an illusion set in bedrock, but an illusion nonetheless.

In other words, our whole thinking about time is erroneous, and we've got to change it. Anytime you find an error you've got to correct it. What is going to replace our old misunderstanding of time is something new, something called the Law of Time.

Everything else has a law attached to it - the law of gravity, for instance. So why shouldn't time also be governed by a law, the Law of Time?

If the law of gravity is what keeps things from falling or flying off the face of the Earth, then the Law of Time is what keeps things together every moment. When we say things are together every moment we mean to say that things are synchronized. So the Law of Time it is what keeps everything synchronized, in tune with itself and everything else. If it's a law, can't it be formulated?

Yes It can. It is formulated $T(E) = Art$. **Energy factored by Time equals Art** - that is the Law of Time. But what does that mean?

It means that everything in nature, by virtue of its being synchronized by time, is beautiful artistic, harmonious. This is why you have never seen an ugly sunset. Wherever you look in a forest, or by a running stream, or standing on the ocean shore, or in the moonlit night - there is beauty. That is because everything is governed by the Law of Time. When things are synchronized, they are in harmony. Being “in sync” is being in harmony with your world and the moment in which you are living.

So why are you feeling out of “sync” most of the time? Could it have something to do with those programs of irregular time and that mechanistic tick tock - and the way of life maintained by those programs?

Yes, it very well could. Being in sync is a function of time. And if you are in a time that is running contrary to your soul, well of course you are not going to be in sync. But if the time is changed and you begin to live a pattern of harmony, then you will begin to experience the Law of Time. You will begin to see “time is art.” Art has to do with quality, and money with quantity, remember? So quality time must be a time when you can experience a harmony with yourself. When you can be the work of art you are fashioning out of your time.

If the Law of Time accounts for why nature is a harmony, and why living by a calendar that is in tune with the Law of Time will bring you to the natural harmony, what else does this Law tell us?

It tells us that because everything in the universe is synchronized by time, that time itself is instantaneous. Every moment the universe is being instantaneously synchronized. Being instantaneous, time is also the medium of telepathy. This is because telepathy is also instantaneous. A secondary principle of the Law of Time, then, is that the velocity of time is instantaneously infinite. Maybe time is more like a set of concentric circles, ripples in a pond, encompassing everything all at once!

This means that space does not obstruct time. A thought can be projected instantaneously to any point in the universe. Time is the

medium of the propagation of thought. Time is what makes thought instantaneously telepathic.

If that is so why aren't I bombarded by thoughts? The answer is you are. You are just unaware of most of them. And it may be that many of thoughts you have may not be your own. Maybe there are no thoughts that are your own! There are just thoughts.

Just like the Earth has a filtering system for the receipt of cosmic radiation, so does your mind have a filter for thoughts. That filter is your ego-identity. It will only take in what suits it, and censor the rest. That may be good - and it may be bad. You have to look at that. But that does not alter the fact that telepathic thoughts are bombarding your mind all the time.

The point is that there is a Law of Time. **The Law of Time accounts for inner harmony, natural beauty, synchronicity and telepathy.** Think about it: aren't these all values in short supply in today's world of time?



17. Time and the Second Creation

If the New Time will foster the values of inner harmony, art and natural beauty, synchronicity and telepathy, what kind of world will we create?

From the soul's point of view, living by these values will go a long way toward perfecting the soul! In fact, these are precisely the values required if we wish to participate in the Second Creation. For the real value of a new time is that a new time requires a Second Creation. Yes, the bottom line of stopping time is that we finish altogether with the old time, and get on with the second creation, a new time!

Could it be that the Universe is actually waiting for us to change the time and then help us get on with the Second Creation? Is stopping time the big test of the collective human soul?

There could be something to that. After all, if we can take control of our time, aren't we taking control of a major factor in the organization of our lives? Yes we are. And if living in the time will bring us to greater inner harmony, artistic expression and telepathy, won't those values in themselves change our world?

Yes, they will. And furthermore, by living in harmony with nature

rather than against it, we will end up restoring and co-creating rather than depleting and destroying it. And as our minds open up to the long slumbering psychic powers epitomized by telepathy, don't you think new vistas will open to our minds? Yes, New vistas with new solutions, new insights into the workings of nature, and a new sense of power with nature.

This is the world we can co-create with a new common vision born of stopping time as a collective human task, a responsibility, even, to our future. Because, let's face it - if we really do stop the old time, we will stop everything that went with the old time. And then we can choose what kind of world we want, a world of harmony in time. A world where life is not to be dreaded, but where it is fun and we look forward to it. A world of universal cosmic consciousness. We can create that world. It is in our power. That is the power released by stopping time.

We can see then that stopping time is a creative technique. It is a technique used by shamans and mystics and yogis throughout the ages. It is how higher states of consciousness are accessed and attained. And from accessing those higher states the mystic, yogi or shaman can recreate him or herself. Now we are saying that this very same technique must be used collectively to stop the old time before the old time ends up killing us. That is, before we kill ourselves. By stopping time we can get sober. We can tap into reservoirs of creativity brimming over for not having been used for so long. We can participate in the Second Creation. Now that is exciting.

Imagine the human race experiencing a kind of collective wake up, a realization of how it has been seduced into going down the wrong track, a track that led only to destruction. And then making a collective shift together, it realizes it can do something positive as a single organism, something constructive. That too is the effect of stopping time, and getting on with the Second Creation. The power is in your hands. Let us do something about it. That power is called: Thirteen Moons/28-days. It is the power of liberation in time. Come

on. The world can't wait.



18. New Time Begins With You

Well, your soul has given you all the arguments about the nature of time - artificial time and universal time. And now that you've come to the end of this little book you know a little more about time. You know that **an irregular standard of measure creates a crooked world**. You know that a clock doesn't measure time, but the passage of time. And that the value of your life according to the world of clock time is in something called money. Time is money and money makes the world go around, but only if that world is measured by the clock--which today it is.

So the first step is to stop the time. The easiest first step is to **change the calendar**. To replace the irregular calendar with a calendar of perpetual harmony is the heroic task that is now in your power to fulfill.

You and millions if not billions of other humans saying: We stop the time! The old time is over. The new time has begun. Let us now end with war and heal our wounds and restore our green and spacious Earth. Let us plant victory gardens for peace everywhere and let us cure ourselves of our diseases and let us make art everywhere,

celebrating and rejoicing in our power of time. Let us all be the leaders and heroes for this great moment in the history of the Earth.

Find a better solution, a happier ending - can you? Can you deny that we need a new solution a new direction for the human race? Can you deny that so far nothing else has worked? Can you deny that living in uncertainty, terrorism and fear can only bode ill for our future?

Let us not be afraid of breaking down some walls, stopping the clock, and giving ourselves a new calendar by which we can organize our lives in harmony. Imagine a world in which there is no war for a year. Then for two years, then for three years, four, five ... and then for eight years? Imagine that. No war for eight years. And that as the world goes longer without war, more creative solutions arise to deal with our environment and our life styles.

Imagine the world living a path of harmony in time, navigating by synchronicity and awakening their telepathy and dormant mind powers. Isn't that kind of exciting? Though it unimaginable to many now living in the last gasp of the old time. **But if we can stop the time, then everything else is truly possible.**



19. Declaration of the First World Peace

We, the people of planet Earth who have chosen to follow the Thirteen Moon/28-day calendar as the basis of a new sovereignty and a new community of peace and harmony with all of life on Earth, in rejecting the old calendar and its disempowering institutions, do hereby declare the commencement of the First World Peace.

The purpose of the First World Peace is to declare Earth as a universal cease-fire zone thus assuring the time for a comprehensive reordering of human priorities with the end of sustaining and furthering all of life as a single unity on this Earth. To attain this goal, we do hereby declare and establish our sovereignty in a New Time of perfect harmony, and in so doing, are no longer bound to the institutions and mores of the old time and its calendar.

We solemnly dedicate ourselves, instead, to a new beginning with fresh, creative ways of solving our problems. War is no longer in any way a viable form of conflict resolution, and in its place we call for a universal disarmament accompanied by a reorganization of human society in accord with the constructive peace and harmony reflected in the new calendar of Thirteen/Moons 28-days.

In making this declaration of the First World Peace we call upon all existing humanitarian organizations to join us in creating a New Assembly of the Earth which will first of all assist in making the change to the new calendar and the new time among all peoples of the Earth. Simultaneously, the New Assembly of the Earth will call

upon representatives of all peoples to gather to establish the new priorities and to prepare for a universal understanding of time as the basis of a new Global Civilization.

We who undertake this heroic adventure do so only after having seen and experienced the exhaustion of the old order embedded in a calendar whose time no longer served the purposes of universal spiritual and mental evolution. We pray to the Supreme Creator that our task will be guided by Divine Mercy and that Compassion and Enlightenment will befall the upholders of this Declaration. May we have the courage to dissolve all of the old that is furthering division, strife and destruction. May we equally have the wisdom to preserve that which will in every way continue to uplift the human species. Above all, may we have the patience and tolerance to define and promote the new ways of life that will be in accord with the maintenance and evolution of our Earthly support system, the biosphere, and which will foster a spirit of universal acceptance and tolerance among all human beings.

We understand that if we do not now take these measures we are forfeiting the greatest opportunity that is afforded by changing the time through changing the calendar, and that is to declare an immediate peace that is the expression of the will of the untold billions of humans whose choice is not war but peace. May the voice of the people of the Earth be heard in all tongues echoing in all the valleys of the Earth, blown by all the winds across the seven seas to the highest mountain tops: Let the New Time of Peace prevail for seven time seven generations to come!

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THANK YOU!