

## RAINBOW BRIDGE MEDITATION

Globally synchronized every "Silio" day on the 13 Moon calendar (Thursday, through 24 July 2014)

Before the meditation it is good to take a few moments to clear your mind, dissolving all thoughts as they arise. Also focus on feeling love arise in your heart. When you feel your mind clear, then begin the visualization.

Visualize yourself inside the Earth's octahedron crystal core. Feel your heart at the center of this crystal core generating an intensely blazing point of white light.

This light from your heart core creates an etheric column that extends to the North and South poles from the blazing center to the tips of the octahedron.

Now visualize a great stream of multicolored plasma-filled light emanating from your heart core and flowing along the central axis toward both of Earth's poles, shooting out from them, to become two rainbow bands 180 degrees apart.

As Earth revolves on its axis, this rainbow bridge remains steady and constant, unmoving. Feel the two streams of rainbow light rushing through your central column, shooting out from above your head and beneath your feet to create a rainbow bridge around your body.

Now you and the rainbow bridge are one. The rainbow bridge of world peace is real. Visualized by enough people in a telepathic wave of love the rainbow bridge will become a reality.